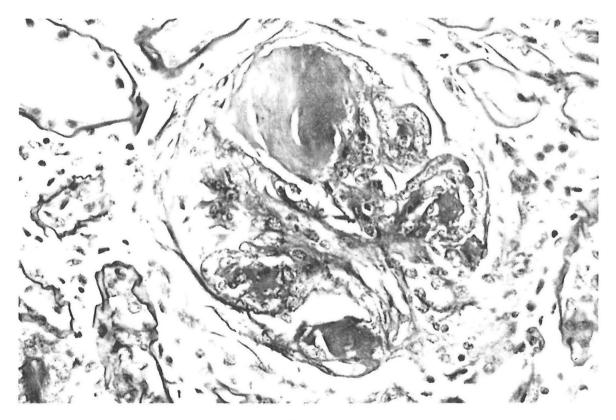
INTERNAL MEDICINE GRAND ROUNDS

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Role of Lipids and Lipotoxicity in Diabetic Renal Disease

Moshe Levi, M.D.



Disclosure: This is to acknowledge that Moshe Levi, M.D. has disclosed no financial interests or other relationships with commercial concerns related directly or indirectly to this program. Dr. Levi will be discussing "off-label" uses in his presentation

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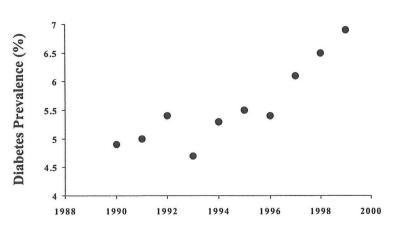
His research interests include 1) the role of lipids and lipid rafts in regulation of renal phosphate transport, 2) the role of lipids in regulation of diabetic and age-related renal disease, 3) application of near infrared spectroscopy for early diagnosis of peripheral vascular disease, 4) application of multi-photon microscopy for the study of lipid and protein dynamics.

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Introduction

Diabetes mellitus has become the leading cause of cardiovascular and renal disease in this country. This is especially worrisome since the prevalence of diabetes is increasing in this country mainly due to increasing incidence of obesity and the closely associated metabolic syndrome.

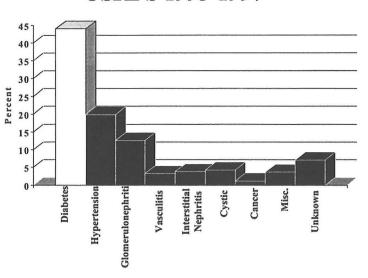
According to recent USRDS data diabetes accounts for over 50% of the 80,000 new patients who develop end stage renal disease each year (National Institute of Diabetes and Digestive and Kidney Diseases, USRDS Annual Data Report 1998). Hypertension, which is quite common **Diabetes Prevalence**



in diabetic patients, is the primary cause of renal disease in the other 25% of the patients who develop end stage renal disease. Diabetes and hypertension, therefore, account for more than 75% of the patients with ESRDS who require dialysis or transplantation for the maintenance of life.

Diabetic patients do poorly on dialysis, with high rates of morbidity and mortality (greater than 25% annual mortality rate) due to cardiovascular disease (in excess of 50%), infection, and vascular access failure. Of all the long-term complications of diabetes, renal disease (diabetic nephropathy) imposes the highest costs, both in dollars and in terms of human suffering. Measures to identify the pathogenesis of diabetic renal and cardiovascular disease and interventions to prevent or at least slow down the progression of renal and cardiovascular disease are greatly needed.

Incidence of End-Stage Renal Disease USRDS 1993-1997



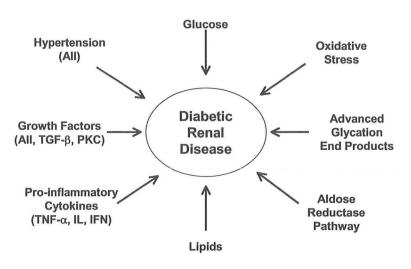
Mediators of diabetic renal disease

Studies in recent years have identified a number of factors that play a role in the pathogenesis of diabetic renal disease or nephropathy: **a**) Enhanced intrarenal angiotensin II activity, resulting in glomerular hypertension, hyperfiltration, hypertrophy as well as regulation of plasminogen activator inhibitor-1 (PAI-1) and matrix proteins [1-5]. **b**) Activation of intrarenal pro-inflammatory cytokines, including tumor necrosis factor alpha (TNF α) and interleukins (IL-1 and IL-6), that regulate cell growth, matrix proteins and possibly lipid metabolism [6-12]. **c**) Increased activity of growth factors, including transforming growth factor- β (TGF- β), platelet-derived growth factor (PDGF), and vascular endothelial growth factor (VEGF), that regulates cell

growth and matrix proteins [13-29]. d) Increased diacylglycerol (DAG) and protein kinase C (PKC) activity [30-35], as well as increased MAP kinase activity [36-39]. e) Activation of pathways for glucose metabolism, including the aldose reductase-dependent polyol pathway (increased sorbitol), pentose phosphate shunt (increased UDP-glucose), and altered glycosphingolipid metabolism (increased ceramide and

glucosylceramide) [40-44]. f) Nonenzymatic glycation of circulating or matrix proteins, including Amadorimodified glucose adducts and advanced glycosylation end products (AGEs) [45-57]. g) Increased levels of reactive oxygen species, resulting in oxidative stress and in oxidation of proteins and lipids [58-61]. h) Increased deposition and/or accumulation of lipids.

Historically, the association between lipids and renal disease was first suggested by Virchow in his lecture in 1858 titled "a more precise account of fatty metamorphosis" when he described successive stages of fatty metamorphosis



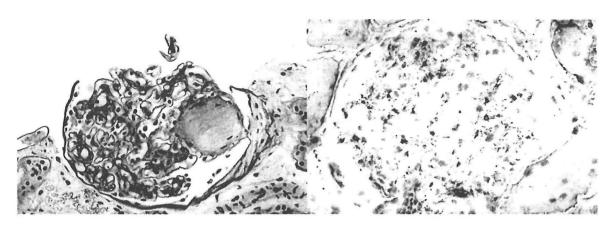
and fatty detritus in the renal epithelium in Bright's disease (62). In 1916 Munk observed similar lipid deposits in the kidneys of young patients with nephritic syndrome and used the term lipoid nephrosis to indicate the association between systemic lipid abnormalities and the pathogenesis of renal disease in patients with nephrotic syndrome (63).

In their classical paper in 1936 describing the pathological sign of nodular sclerosis Kimmelstiel and Wilson also demonstrated the presence of lipid deposits in the kidneys of diabetic patients and they suggested that these lipids play an important role in the pathogenesis of renal disease (64). Newburger and Peters also demonstrated the presence of lipid deposits in 1939 (65) and Wilens and Elans in 1951 suggested that the hyperlipidemia and elevated glomerular pressure were the major mediators of diabetic nephropathy (66).

The two clinical cases that I will present today also illustrate the presence of lipid deposits in the kidneys of patients with type I diabetes and type II diabetes.

The first patient is a 46 year old white male with 17 year history of type I diabetes mellitus, hypertension, increased alcohol and tobacco use, who first experienced gross painless hematuria 8 months prior to presentation. Urology evaluation, including cyctoscopy, IVP and bladder washings, was normal. Renal ultrasound showed 12.7 cm right kidney, 13 cm left kidney, with normal echogenicity and no masses. 24 hr urine showed total protein of 902 mg per 24 hr and creatinine clearance of 60 ml/min. Serologies were negative. Patient had poor glycemic control with hemoglobin A1C of 9.5%. Serum lipids including Triglyceride 103, Cholesterol 190, LDL Cholesterol 82 were normal. HDL Cholesterol was 87.

Renal biopsy showed evidence of diabetic glomerulosclerosis with presence of lipids in the glomerulus as determined by positive oil-red-o staining.

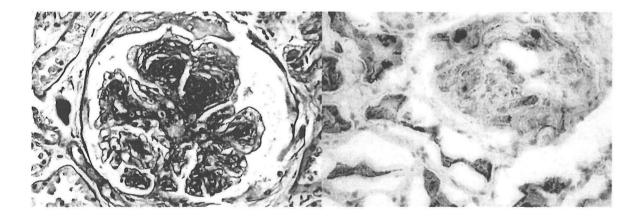


The second patient is a 67-year old Hispanic male with 25 year hx of type II diabetes treated with a sulfonylurea, 1 year hx of hyperlipidemia treated with simvastatin and 1 year hx of hypertension treated with diltiazem, who presented with severe lower extremity edema, dyspnea and was admitted for treatment of new onset volume overload/CHF.

On admission glucose 130, BUN 28, Cr 1.3, Hgb A1C 5.2 %, cholesterol 168, triglyceride 254, HDL 35, LDL 82, VLDL 51, U/A protein greater than 1000.

Further evaluation revealed normal renal ultrasound, urine protein / creatinine ratio of 7.8 and essentially negative serologies.

Renal biopsy showed the classical lesion of diabetic nephropathy with nodular sclerosis and oil-red-o stain showed marked presence of lipid accumulation in the glomeruli and tubulointerstitial cells.



Renal Involvement in Primary Disorders of Lipid and Carbohydrate Metabolism

Before I further discuss the role of lipids in diabetic renal disease I will briefly discuss the role of lipids in the pathogenesis of renal disease in inherited disorders of lipid and carbohydrate metabolism, including Lecithin Cholesterol Acyltransferase (LCAT) Deficiency, α -galactosidase deficiency (Fabry's Disease) and type I glycogen storage disease (von Gierke's disease). These diseases will illustrate the potential role of cholesterol, glycosphingolipids and triglycerides in mediating renal disease, as their potential role will also become apparent when I further discuss the role of lipids in diabetic renal disease.

Primary Lipodoses Associated with Glomerulopathy

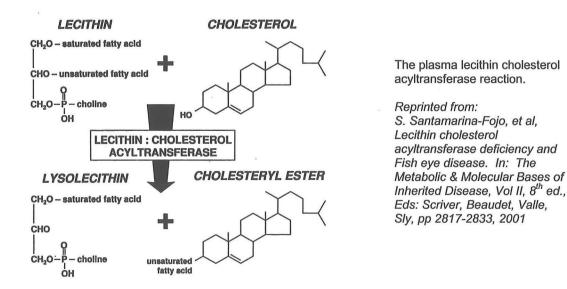
- Familial Lecithin cholesterol acyltransferase deficiency
- Sphingolipidoses:

Fabry disease Gaucher disease Neiman-Pick disease Farber disease

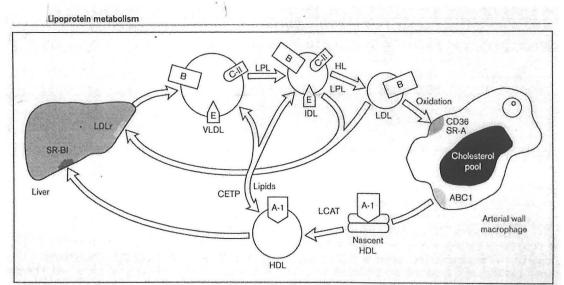
- Glycogen storage disease type I (von Gierke disease)
- Refsum disease
- I-cell disease
- Wolman disease
- Lipoprotein Glomerulopathy
- Type III hyperlipoproteinemia

Lecithin Cholesterol Acyltransferase (LCAT) Deficiency

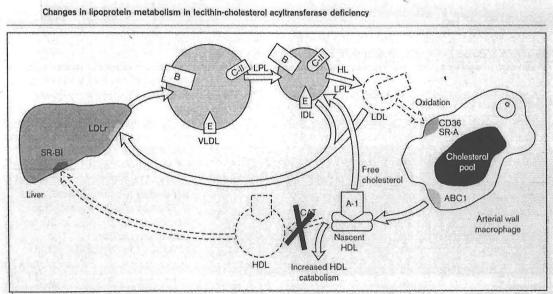
LCAT mediates the esterification of plasma cholesterol by a mechanism that involves the transfer of fatty acids from phosphatidylcholine to free cholesterol, generating cholesteryl esters and lysophosphatidylcholine.



LCAT plays an important role in reverse cholesterol transport, a process by which cholesterol from peripheral cells is transferred to the liver for catabolism. Cellular free cholesterol is taken up by high-density lipoprotein where it is esterified by LCAT. The newly generated cholesteryl esters are packaged in the core of the lipoprotein, resulting in the maturation of discoidal pre- β -HDL to spherical α -HDL. The cholesteryl ester may then be exchanged for VLDL-triglycerides by the cholesteryl ester transfer protein (CETP) for transport to the liver. Alternatively, the cholesteryl ester may be taken up directly by the liver or steriodogenic tissues.



The pathway of triglyceride-rich chylomicrons secreted from the intestine with the formation of remnants after triglyceride hydrolysis by LDL, is illustrated. Chylomicron remnants are taken up by the liver primarily by the LDL receptor related protein receptor. Triglyceride-rich VLDL are secreted from the liver and are converted initially to IDL, and finally to LDL. LDL removed from the plasma by the LDL receptor or under-oxidation are taken up by the scavenger receptors scavenger receptor class A or CD36 on the macrophages. Nascent HDL removes excess cholesterol from cells after interaction with ATP-binding cassette transporter-1 (ABC1). The pivotal role of lecithin-cholesterol acyltransferase (LCAT) in the esterification of cholesterol and the maturation of disc-shaped nascent pre- β HDL into spherical α -HDL particle is illustrated. Cholesterol is transported back to the liver directly by HDL or following transfer to the apoB containing lipoproteins by cholesteryl ester transfer protein (CETP). The cholesteryl ester (CE) in HDL is selectively removed by the hepatic scavenger receptor class B type I (SR-BI) receptor. *Reprinted from: S Santamarina-Fojo et al, Curr Op Lipid 11:267-275, 2000.*



The deficiency in lecithin-cholesterol acyltransferase (LCAT) results in failure of the formation of cholesteryl esters and the maturation of the nascent HDL particles. The poorly lapidated HDL particles undergo rapid catabolism resulting in low plasma HDL levels. The apoB containing lipoproteins, which are increased in concentration, also undergo rapid catabolism. In addition, there is decreased conversion of IDL to LDL resulting in low plasma LDL levels in LCAT deficiency. Abnormal multilaminar lipoprotein particles resembling lipoprotein X (LpX) may also be present in VLDL, IDL, and LDL in LCAT deficiency. *Reprinted from: S Santamarina-Fojo et al, Curr Op Lipid 11:267-275, 2000.*

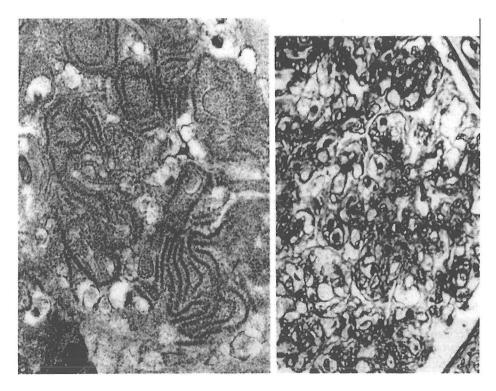
Familial LCAT deficiency is inherited as an autosomal recessive trait and is associated with increases in plasma free cholesterol, triglyceride and phospholipid levels, decreases in cholesteryl esters and lysophosphatidylcholine and undetectable HDL level. An abnormal lipoprotein, lipoprotein-X is also present.

Plasma Lipid Profile, LCAT Activity, and LCAT Concentration in Patients with FLD and Fl	ED
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	FLD	FED	Controls
TC (mg/dl)	172 (89-185)	215 (185-253)	163 ± 24
TG (mg/dl)	723 (110-723)	149 (60-408)	65 ± 18
HDL-C (mg/dl	8 (0-12)	8 (0-7)	65 ± 17
Apo A-1 (mg/dl)	39 (36-48)	42 (29-45)	145 ± 24
Apo A-II (mg/dl)	6 (4-8)	12 (10-15)	34 ± 6
CE/TC	6 (6-49)	46 (57-65)	69 ± 2
_CAT activity (nmol/ml/h)	1.5 (0)	0.9 (0-14)	99 ± 5
CER (nmol/ml/h)	0 (0-16)	51 (25-74)	59 ± 11
LCAT concentration (µg/ml)	0.2 (0-0.3)	4.0 (0-4)	5.2 ± 0.7
Reference	(173, 168)	(185, 188)	(188)
C = total cholesterol; TG = triglycer	ides; CE/TC = cholester	yl ester/total cholesterol; L0	CAT = lecithin cholesteryl

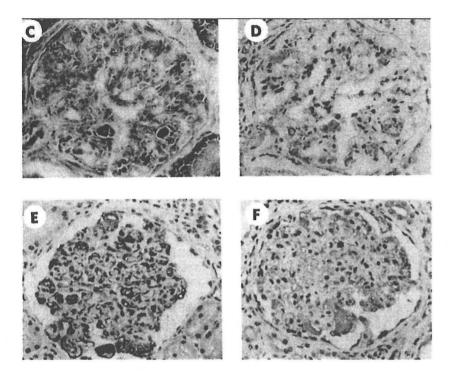
TC = total cholesterol; TG = triglycerides; CE/TC = cholesteryl ester/total cholesterol; LCAT = lecithin cholesteryl acyltransferase; CER = cholesteryl esterification rate. FLD and FED data for individual patients are shown (range in parenthesis). Control data (n = 7) are expressed as mean \pm SEM. *Reprinted from SS Fojo et al, Lecithin Cholesterol Acyltransferase Deficiency and Fish Eye Disease, In: The Metabolic & Molecular Bases of Inherited Disease, 8th ed, Volume II, eds: CR Scriver, AL Beaudet, WS Sly, D Valle, The McGraw Hill Co Inc, pp 2817-2833, 2001.*

These patients usually develop corneal opacities, anemia and proteinuria with renal dysfunction. Renal disease is the major cause of morbidity and mortality in these patients. Renal symptoms begin as proteinuria and microscopic hematuria and sometimes progress to end stage renal disease after a prolonged cause. Histologically there is accumulation of foam cells in the glomeruli, as well as collections of dark irregular particles that may be abnormal lipids in the subendothelial spaces and mesangium. There is progressive expansion of the mesangium with accumulation of matrix and eventual sclerosis of glomeruli (67-77).



Lecithin-cholesterol acyltransferase deficiency. a: Electron micrograph illustrating an additional feature of the glomerular deposits of complex lipids. Note the serpiginous pattern of the lamellar structures. (Original magnification, X38,000.) b: Histologic aspect of a glomerulus in late-stage disease. Note the expanded mesangial areas and thickened capillary walls, due to accumulation of lipids in the subendothelial areas. (Original magnification, X 640.) Reprinted from: T Faraggiana et al, Hum Pathol 18:662-679, 1987.

Lipid analysis of isolated glomeruli shows marked increases in free cholesterol and phospholipid levels. A recent study also showed marked elevation in oxidized phosphatidylcholine (oxPC)-modified LDL in the plasma and glomeruli of these patients, which may play an important role in the mediation of the renal disease (78).

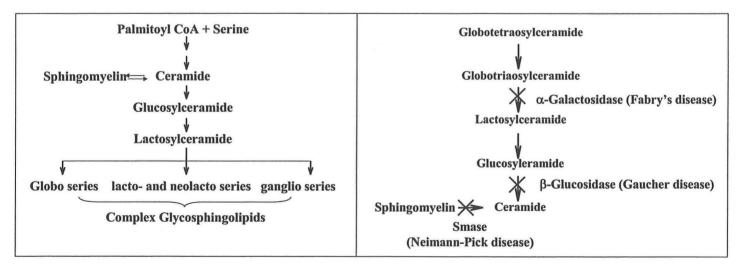


Characteristics of accumulated materials in glomeruli in a patient with LCAT deficiency. Acid-hematin-positive materials (phospholipids, C) and DLH3-positive materials (oxPC, D) are diffusely deposited in the mesangium with a fluffy appearance and show a similar distribution pattern. Apo B(E) and E (F) are greatly accumulated in expanded loops and along the subendothelium in the glomerulus; however, the expanded mesangium is only weakly positive for both. (Magnification X 140). *Reprinted from: S Jimi et al, Arterioscler Thromb Vasc Biol 19:794-801, 1999.*

α-Galactosidase A Deficiency (Fabry Disease)

Fabry disease is an X-linked recessive inborn error of glycosphingolipid catabolism resulting from deficient activity of the lysosomal hydrolase α -galactosidase A in tissues and fluids of affected hemizygous males. Most heterozygous females carriers of the gene have an intermediate level of enzymatic activity.

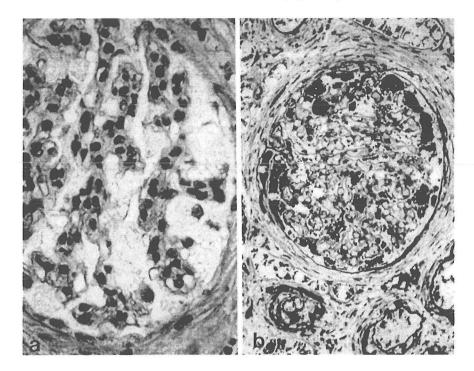
The enzymatic defect leads to the systemic deposition of predominantly globotriaosylceramide and to a lesser extent galabiosylceramide and the blood group B glycosphingolipids.



Almost every tissue is involved in Fabry's disease with predominant involvement of kidneys, eyes, nervous tissue, and endothelial cells throughout the body. Clinically most patients present with parasthesias, pain the extremities and angiokeratomas.

The kidney is the major target organ in Fabry disease. Progressive accumulation of glycosphingolipids in the kidney is associated with proteinuria and a progressive decline in renal function, resulting in end stage renal disease usually in the third to fifth decades of life. Glomeruli show severe ballooning of the podocytes

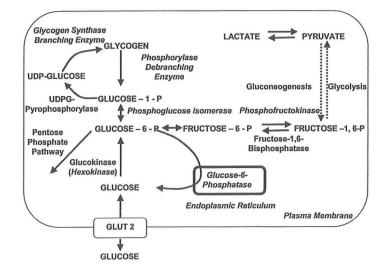
and the glycosphingolipid accumulates in the podocytes, mesangial cells and endothelial cells. The tubules are also affected, the distal tubules usually more severely affected than the proximal tubules. Lipid-laden distal tubular epithelial cells desquamate and may be seen in the urinary sediment. There is also marked involvement of the renal vasculature with severe vacuolization of the endothelial and vascular smooth muscle cells and severe luminal narrowing (79-94).



Fabry disease, a: The glomerulus shows considerable vacuolization of podocytes. The appearance is common to several lipidoses and therefore is not pathognomonic. The stored lipids have been extracted during processing, leaving clear, empty vacuoles. (Formalin fixation, paraffin embedding, periodic acid-Shiff stain. Original magnification, X640.) b: Histologic appearance of the kidney after osmium fixation. A glomerulus similar to the one seen in figure 1a shows strongly stained vacuoles in podocytes. Note periodic acid-Schiff-positive droplets also in arterioles, tubules, and interstitial cells. With this type of fixation, paraffin embedding would give similar results due to the insolubility of lipids after osmium fix ation. (Formalin fixation, osmium postfixation, methacrylate embedding, periodic acid-Schiff stain. Original magnification, X400.) Reprinted from: T Faraggiana et al, Hum Pathol 18:662-679, 1987.

Type la glycogen storage disease: von Gierke disease

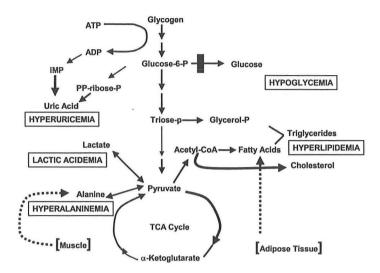
Type Ia glycogen storage disease is an autosomal recessive disorder caused by a deficiency of glucose-6phosphatase activity in the liver, kidney and intestinal mucosa with extensive accumulation of glycogen in these organs. The clinical manifestations are growth retardation, hepatomegaly, hypoglycemia, lactic acidosis, hyperuricemia and hyperlipidemia.



Major pathways of synthesis and breakdown of glycogen in liver. The broken line indicates that severalenzymes have been omitted between pyruvate and fructose-1,6-P2.

GLUT = glucose transport protein; UDP = uridine diphosphate; UDPG = uridine diphosphate-glucose.

Reprinted from Glycogen Storage Diseases, YT Chen, In: The Metabolic & Molecular Bases of Inherited Disease. Eds: Scriver, Beaudet, Valle, Sly, 8th Ed., Vol I., pp 1521-1551, 2001



Metabolic consequences of the type I glycogen storage (

Acetyl-CoA = acetyl coenzyme A; IMP = inosine-5'-monophosphate; TCA = tricarboxylic acid.

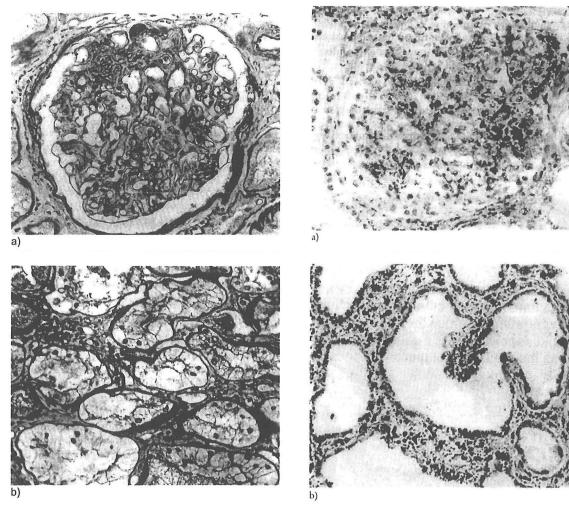
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The kidney is one of the main targets in this disease. The characteristic renal lesions include focal glomerular sclerosis, interstitial fibrosis, tubular atrophy or vacuolization and prominent arteriosclerosis. In addition, there is marked glomerular hypertrophy with numerous lipid deposits in the glomerular mesangium, tubular epithelial cells and interstitium. The lipid deposits may be caused by hypertriglyceridemia, which results from suppression of glyconeogenesis based on the deficiency of glucose 6-phosphatase (95-99).

Clinical Data at Renal Biopsy

	Patient 1	Patient 2
Age (years)	37	28
Body height (cm)	156.0	158.0
Body weight (kg)	53.5	53.5
Blood pressure (mmHg)	230/100	132/60
Urinalysis		
Protein (g/day)	3.0	3.1
Glucose	negative	negative
Red cell (/HPF)	0-1	0-1
White cell (/HPF)	0-1	0-1
Hyaline cast (/LPF)	1-2	2-3
Blood urea nitrogen (mg/dl)	55	19
Serum uric acid (mg/dl)	9.3	8.0
Serum creatinine (mg/dl)	2.5	0.8
Creatinine clearance (ml/min)	18	78
Serum total cholesterol (mg/dl)	339	321
Serum triglyceride (mg/dl)	814	1269

Reprinted from K. Obara, et al, Renal histology in two adult patients with type I glycogen storage disease. Clinical Nephrology 39 (2):59-64, 1993.



Light micrograph of the kidney from patient 2, showing segmental sclerosis and hyalinosis with mesangial matrix expansion in the glomeruli (a: PAS, original magnification X 220). The tubular epithelial cells are degenerated with clear cytoplasm (b: PAS, X220). Oil Red O staining of the kidney from patient 1, showing numerous lipid deposits in the glomerular mesangium and sclerotic area (a: original magnification X200), in the tubular epithelial cells, and in the interestitium (b: X200).

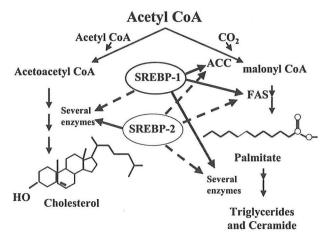
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Role of lipids in diabetic renal disease

Several studies in human subjects and in experimental animals with diabetes have shown a correlation between serum lipids, renal lipids and proteinuria and progressive decline in renal function (100-113). Cell culture studies have shown direct effects of LDL and VLDL in regulation of mesangial cell expression of growth factors, pro-inflammatory cytokines and matrix protein deposition (114-122). In addition, several but not all studies in diabetic patients or animals have shown beneficial effects of low fat diets or diets enriched in unsaturated fats (123-128) as well as pharmacological inhibition of cholesterol and/or triglyceride synthesis (129-137) in decreasing proteinuria and slowing the decline in renal function.

Potential role of SREBPs in regulation of renal lipid metabolism in diabetes

Sterol regulatory element binding proteins (**SREBPs**) belong to the basic-helix-loop-helix-leucine zipper family of transcription factors (138-139). SREBPs regulate the transcription of the LDL receptor and multiple enzymes required for the biosynthesis of cholesterol and fatty acids.



Pathway selective gene activation by SREBI and –2. Thick lines and dotted lines identify proposed major (thick lines) and minor (dast lines) sites of action for SREBP-1 and SREE respectively. ACC, acetyl-CoA carboxylase. *Reprinted from: TF Osborne, J Biol Chem,* 276(42):32379-32382, 2001.

To date three SREBP isoforms have been identified and characterized, SREBP-1a, SREBP-1b, and SREBP-2. Studies in transgenic mice overexpressing each of the three SREBP isoforms in the liver have indicated that SREP-1a and -1c isoforms play a greater role in fatty acid synthesis compared to cholesterol synthesis, whereas SREBP-2 plays a greater role in cholesterol synthesis compared to fatty acid synthesis (140-142). Indeed in the SREBP-1 knockout mice there is a significant decrease in fatty acid synthesis (143). SREBP-1, or ADD-1/SREBP-1, and SREBP-2 has also been shown to regulate PPAR- γ expression in adipocytes and hepatic cells, indicating multiple mechanisms for SREBPs in regulating lipid metabolism (144).

Recent studies indicate that insulin and glucose are important regulators of SREBP-1 activation in the liver. Both insulin and glucose cause increases in SREBP-1 expression in the liver cells by MAPK and protein kinase B/ cAkt dependent signaling pathways (145). In ob/ob mouse and in Zucker Diabetic Fatty rat models of type II diabetes, SREBP-1 and SREBP-2 are upregulated in the liver and the adipocytes (151-152). In contrast, in rats with STZ-induced diabetes, there is an acute and rapid decrease in SREBP-1c mRNA in the liver and administration of insulin normalizes SREBP-1c mRNA level (153).

In contrast to the liver, the regulation of SREBPs in the diabetic kidney has not been studied. Preliminary studies in our laboratory indicate that SREBP-1a, SREBP-1c and SREBP-2 are expressed in the kidney.

In studies in our laboratory using animal models of type I diabetes, streptozotocin-induced diabetes in the rat and/or mice and in the NOD mice we have found that the glomerulosclerosis and the proteinuria (diabetic nephropathy) are associated with increased lipid accumulation as determined by presence of oil-red-o deposits and increased triglyceride content.

The increase in triglyceride content is associated with increased expression of the transcriptional factor SREBP-1 and increased mRNA of FAS, the enzyme that mediates increased fatty acid synthesis, resulting in increased triglyceride and ceramide accumulation.

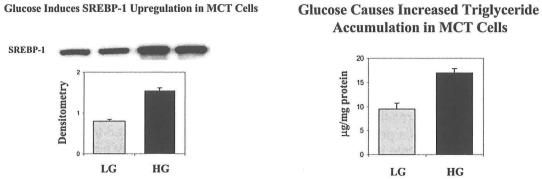
SREBP-1 Protein is Increased in STZ Rats



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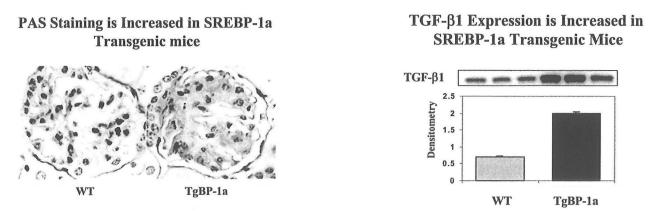


The increase in SREBP-1 seems to be mediated by a direct stimulatory effect of glucose as in proximal tubular cells incubated in the presence of a high glucose medium there is direct stimulation of SREBP-1a and SREBP-1c resulting in increased mRNA for FAS and increased accumulation of triglyceride.

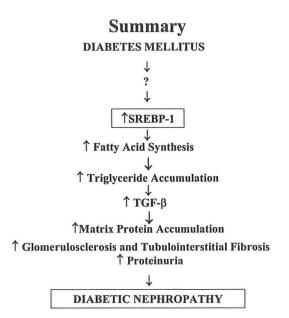


To determine whether increased renal expression of SREBP-1 per se mediate the diabetic nephropathy we have used SREBP-1a transgenic mice and we have found that induction of SREBP-1 gene in the kidney results in increased mRNA of two enzymes that mediate fatty acid synthesis, resulting in increase triglyceride accumulation.

The increased renal expression of SREBP-1a and accumulation of triglycerides also results in glomerulosclerosis and increased expression of the fibrosis inducing growth factor TGF-B and extracellular matrix proteins, well-established cellular markers of diabetic nephropathy.



Our preliminary data therefore indicates that alterations in the renal expression of SREBP-1 plays an important role in regulation of renal lipid metabolism and suggest that SREBP-1 plays an important role in diabetic nephropathy.

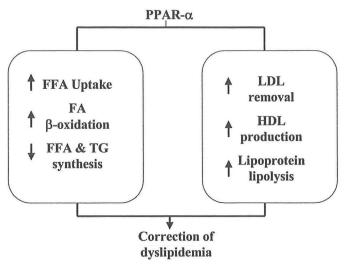


Potential role of PPARs in regulation of renal lipid metabolism in diabetes

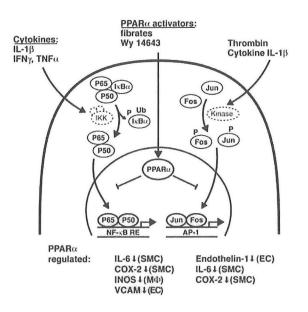
Peroxisome proliferator-activated receptors (**PPARs**) are ligand-inducible transcription factors that belong to the nuclear hormone receptor superfamily, together with the receptors for thyroid hormone, retinoids, steroid hormones, and vitamin D. They occur in 3 different isotypes, α , β/δ , and γ that have been described in various species including human and rodents. Each of them has a specific pattern of expression (154-158).

PPAR- α is mostly expressed in brown adipose tissue, liver, kidney, duodenum, heart and skeletal muscle. PPAR- γ expression is mainly found in brown and white adipose tissues, and also the retina, kidney and vascular cells. PPAR- δ is the most ubiquitously expressed isotype and is found in higher amounts than α and γ in almost all tissues examined, except for adipose tissue.

PPARs play a key role in lipid, glucose and energy homeostasis (159-166). **PPAR-** α mediates the hypolipidemic action of fibrates by transcriptional modulation of genes involved in lipid and lipoprotein metabolism. PPAR- α activators also improve glucose homeostasis and influence body weight and energy homeostasis (167-172). These actions of PPAR- α activators on lipid, glucose and energy metabolism are, at least in part, mediated by increased hepatic fatty acid β -oxidation, resulting in enhanced fatty acid flux and degradation in the liver (173-177).

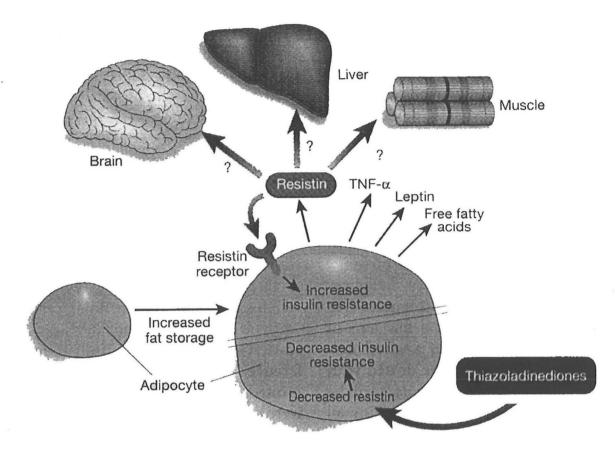


Modified from Refs. 160 and 161



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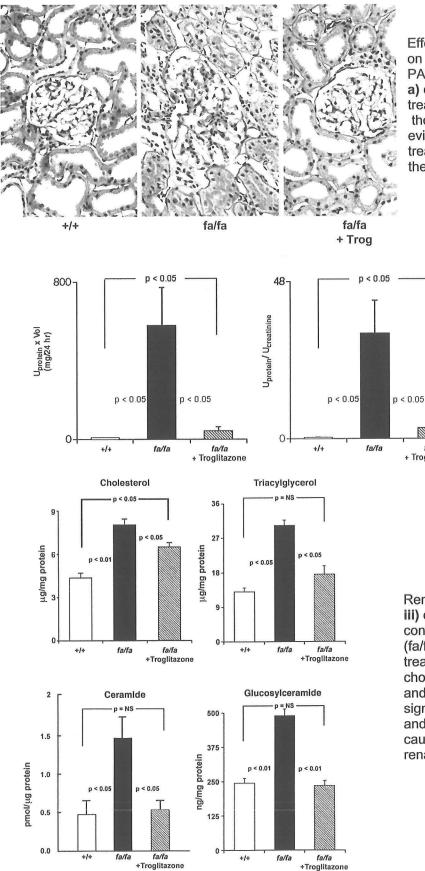
In contrast, **PPAR-** γ triggers cellular differentiation and regulates adipogenesis and insulin action (144-147, 175-176, 178-182). PPAR- γ is the functional receptor for the thiazolidinedione class of insulin-sensitizing drugs (183-184).



Obesity causes certain tissues in the body (such as muscle and liver) to be less sensitive to insulin. Such insulin resistance is one of the main features of type II diabetes. From left, as fat cells (adipocytes) store more fat molecules and enlarge, they release several products that can modify the body's sensitivity to insulin. Free fatty acids and tumour necrosis factor- α (TNF- α) cause insulin resistance, and leptin, which regulates energy balance, probably causes insulin sensitivity. Steppan et al have identified a new protein, resistin, that is secreted by adipocytes. Resistin causes insulin resistance through its effects on adipocytes and perhaps other tissues. Thiazoladinedione drugs reduce insulin resistance and are used to treat type II diabetes. These drugs suppress the expression of resistin by adipocytes, and their antidiabetes effects may, at least in part, be achieved through this mechanism. *Reprinted from: JS Flier, Nature 409:292-293, 2001.*

Recent studies indicate that PPARs also plays an important role in regulation of cell growth, angiogenesis, inflammation and atherosclerosis. PPAR- α and PPAR- γ agonists have been shown to reduce inflammatory cytokine (TNF α , IL-1 and IL-6) production by inhibiting the activity of pro-inflammatory transcription factors such as AP-1, STAT and NF- κ B (185-194).

Both PPAR- α and PPAR- γ are expressed in the kidney (195-199). In preliminary studies we have found that PPAR- α and PPAR- γ expression are decreased in a model of type II diabetes in the rat, the Zucker Diabetic Fatty (ZDF) rats, and it correlates with decreased expression of enzymes that mediate fatty acid oxidation and increased expression of enzymes that mediate fatty acid synthesis, resulting in increased triglyceride content in the kidney. Treatment of these animals with a PPAR- γ agonist reverses most of the lipid defects and prevents the development of glomerulosclerosis.



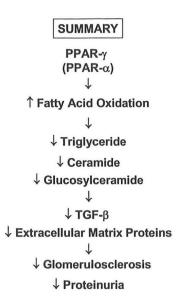
Effect of treatment with Troglitazone on renal pathology as determined by PAS (Periodic Acid Schiff) staining in **a**) control, **b**) ZDF and **c**) ZDF rats treated with Troglitazone. In ZDF rats there is increased PAS staining and evidence of glomerulosclerosis and treatment with Troglitazone prevents the development of glomerulosclerosis.

> Effects of treatment with Troglitazone on **a**) 24-hr urinary protein excretion and **b**) Urine protein/Urine creatinine ratio. ZDF rats have significantly higher urinary protein excretion and treatment with Troglitazone markedly reduces the proteinuria.

Renal i) cholesterol, ii) triglyceride, iii) ceramide and iv) glucosylceramide content in a) control (+/+) rats, b) ZDF (fa/fa) rats and c) ZDF (fa/fa) rats treated with Troglitazone. Renal cholesterol, triglyceride, ceramide and glucosylceramide content are significantly increased in ZDF rats and treatment with Troglitazone causes a marked decrease in the renal content of these lipids.

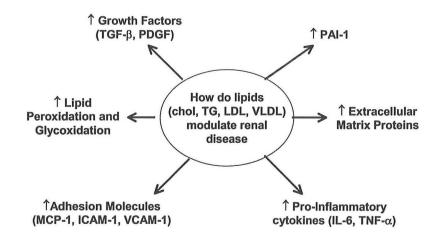
fa/fa

+ Troglitazone

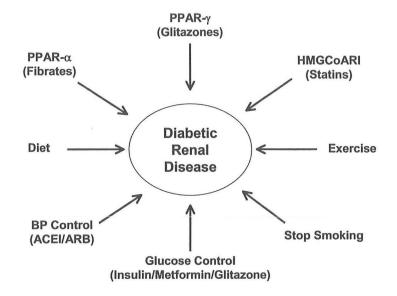


Potential mechanisms of lipid-induced renal disease:

In vivo studies in hypercholesterolemic or hypertriglyceridemic animals and cell culture studies using mesangial cells grown in the presence of LDL or VLDL indicate that lipids have multiple effects in the kidney including **a**) stimulation of TGF- β and PDGF (114-122), **b**) increased transcriptional activation of plasminogen activator inhibitor-1 (PAI-1) (200-206), **c**) increased synthesis and secretion of extracellular matrix proteins including collagen, fibronectin and laminin (114-122), **d**) enhanced secretion of pro-inflammatory cytokines IL-6 and TNF- α (207-218), **e**) increased expression of monocyte chemoattractant protein-1 (MCP-1), intercellular adhesion molecule-1 (ICAM-1) and vascular cell adhesion molecule-1 (VCAM-1) (207-218), and **f**) enhanced lipid peroxidation and glycoxidation (219-233).



Strategies to treat and prevent diabetic renal disease:



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