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WOMEN'S HEALTH SYMPOSIUM OPEN TO DALLAS WOMEN

DALLAS – March 29, 1999 - One in eight American women will develop breast cancer sometime in her life. Cardiovascular disease is the number one killer of women. One and a half million hip fractures a year can be blamed on osteoporosis.

Physicians at UT Southwestern Medical Center at Dallas know the importance of women's health, and now they're hoping to bring that knowledge to Dallas women with the *Women's Health Symposium: Prevention Strategies for Women* on Wednesday, April 14.

The event is being co-chaired by Patricia Patterson and Diana Strauss. Ruth Altshuler, vice chairman of Southwestern Medical Foundation, is honorary chairman. Sponsored by Zale Lipshy University Hospital and Southwestern Medical Foundation, the goal of the event is to make women aware of their health – and just how much control they have over their bodies.

UT Southwestern physicians will offer women advice about lifestyle changes they can make now to live longer and better. Other health-care professionals will administer bone density screening, cholesterol and blood pressure checks, and breast self-exam demonstrations during a health fair.

Armed with knowledge about health, women can leave this symposium empowered to take charge of their health – and change their lives.

Moderator Lee Cullum, TV personality and columnist for *The Dallas Morning News*, will lead the audience through the program:

Dr. Karen Bradshaw, clinical director of Southwestern Women's Center: *The Times They Are A-Changin': Menopause Today.*

Dr. George Peters, executive director of the Southwestern Center for Breast Care and the Susan G. Komen Breast Cancer Foundation's Man of the Year: *Until There's A Cure: Preventing Breast Cancer.*

Dr. Charles Pak, who directs UT Southwestern's Center for Mineral Metabolism and Clinical Research: *Don't Get Bent Out of Shape: Osteoporosis.*

Dr. Nina Radford, beneficiary of the 1999 Dallas Heart Ball's distinguished chair:
Me? At Risk for Heart Disease?

The event, which is from 9 a.m. to 2 p.m. April 14, will be held at the Simmons and Hamon research buildings, 6000 Harry Hines Blvd. Cost is \$75, and attendance is limited to the first 300 people who sign up in advance.

Call (214) 648-2166 to register.