

News

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**Psychiatrist named Hay Professor

DALLAS--Dr. A. John Rush, associate professor of Psychiatry at The University of Texas Health Science Center at Dallas, was named Betty Jo Hay Professor of Mental Health Friday, Aug. 12 at the regular meeting of the UT Board of Regents. The professorship was given by Jess and Betty Jo Hay of Dallas and named for Mrs. Hay for her work in mental health, says Dr. Kenneth Altshuler, chairman of the Department of Psychiatry in which the chair will reside.

The Hays are well-known for their interests in philanthropy and education.

"It is most appropriate that John be named to the professorship in mental health because of the clinical importance of his work," says Altshuler. "John's research links the biological to the psychological in the area of affective diseases (depression and manic disease) where there are immediate treatment results from his efforts. In the five years he has been on faculty at the health science center, he has become one of the world figures in the field."

Rush, a graduate of Princeton University and Columbia College of Physicians and Surgeons, is director of clinical services for the department, as well as director of the Affective Disorders Unit. Before he came to Dallas, the psychiatrist was director of the undergraduate psychiatry program in the Department of Psychiatry and Behavioral Science at The University of Oklahoma. While there, he also headed that school's depression treatment program and clinic.

"He is a man of prodigious energy and talent," says Altshuler. "John has generated a million dollars in research funds and published nearly 40 papers, 14 chapters and four books since he has been here." Books include Cognitive Therapy of Depression with A.T. Beck, B.E. Shaw and G. Emery; Psychotherapie Manuel, jointly edited with M. Lindan and M. Hautzinger; Short-term Psychotherapies for Depression; and Beating Depression. A fifth book, Recent Advances in the Diagnosis and Treatment of Depressions, co-edited with Altshuler, is currently in press.

Rush did his psychiatry residency at The University of Pennsylvania. He had previously done a medical internship at Northwestern University, Passavant Memorial Hospital and training in psychiatry at the 130th General Hospital, Department of Psychiatry, Nuremberg, Germany.

Mrs. Hay's work in the area of mental health has included serving as president of the local, state and national Mental Health Association. She is vice chairman of the Association of Higher Education for North Texas and a member of the advisory board for the School of Social Work at The University of Texas at Austin.

In the past she has served on the Coordinating Board for Texas Colleges and University Systems and on the boards of the Council on Post-secondary Accreditation (COPA), the National Committee for the Prevention of Child Abuse, the Southern Association's Commission on Colleges and the White House Preservation Fund. She is a

graduate of S.M.U. and Sunset High School.

Mr. Hay is chairman and chief executive officer of Lomas & Nettleton Financial Corporation and other Lomas & Nettleton companies and corporations. A member of the Board of Regents of The University of Texas System and the Boards of Trustees and Governors of S.M.U., he has many civic/educational interests.

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Editor's Note: Rush will become Professor of Psychiatry Sept. 1, 1983.

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