



# The relationship between pre-operative pain characteristics and periacetabular osteotomy outcomes in patients with acetabular dysplasia

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## INTRODUCTION

Bernese Periacetabular Osteotomy (PAO) is widely performed for patients with acetabular dysplasia, however the relationship between pre-operative pain characteristics and patient reported outcome measures (PROM) is not well-studied.

## AIMS

- (1) Does maximum severity of pain in a location other than the groin that is greater or equal to that of the groin affect PROM?
- (2) Does the presence of non-groin pain affect PROM?
- (3) Does the severity of pain affect PROM?
- (4) Does the number of pain locations affect PROM?

## METHOD

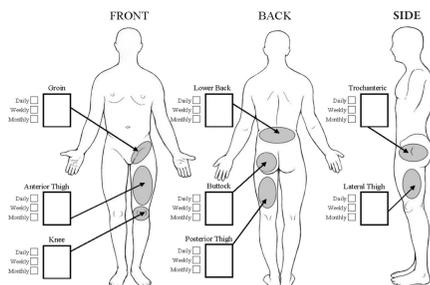
- 52 hips (48 patients) treated with PAO for acetabular dysplasia from February 2017 to July 2020 were reviewed.
- Modified Harris Hip Score (mHHS), Hip Outcome Score (HOS), international Hip Outcome Tool (iHOT-12) Score, radiographic analysis, and pain location/severity questionnaires (Fig.1) were used to collect data.
- Descriptive statistics, Analysis of Covariance (ANCOVA), and Spearman partial correlation coefficients were implemented.

Fig. 1

1) Please identify any area(s) where you are experiencing pain by placing a number in the box next to the area(s) on the diagram below. Use the scale below to identify your level of pain.

0 = No Pain  
 1 = Pain with extreme activity only (running, excessive walking, etc.)  
 2 = Pain with moderate activity or specific movements only (getting in/out of a chair or car, going up/down stairs)  
 3 = Pain with daily activities (bathing, getting dressed, going to bathroom, etc.)  
 4 = Pain at rest during the day  
 5 = Pain at night that wakes you up, or pain all the time

2) For any areas on the diagram where you indicated having pain, please check one small box that best represents the frequency of this pain. (Daily, Weekly, or Monthly)



## RESULTS

- Twenty-six hips experienced the most severe pre-operative pain in the groin, and 26 hips experienced equal or greater pain in a non-groin location. Outcome scores between these groups were not significantly different (Table 1).
- The presence of pre-operative pain in any non-groin location had no significant relationship with PROM (Table 2).
- The maximum severity of pre-operative pain and number of pain locations showed no significant relationship with PROM (Figures 2 & 3).

**Table 1. Patient-reported outcomes by location of maximum pain severity**

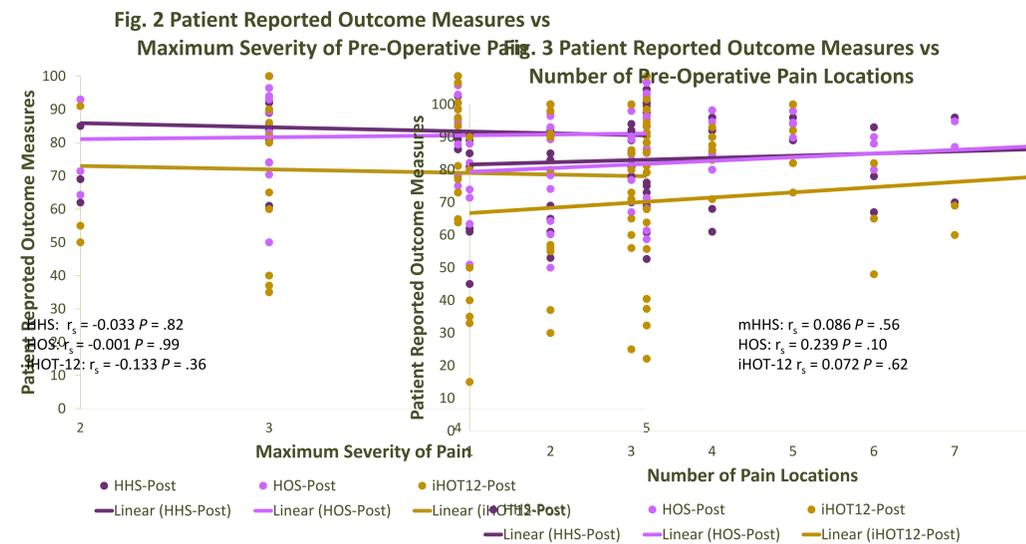
Post-Operative Outcome Measure	Location of Maximum Severity	Adjusted LSM of Outcome Measure (SE)	P-value (d)
mHHS	Groin	82.09 (3.27)	0.59 (0.15)
	Other	84.59 (3.05)	
HOS	Groin	80.95 (2.95)	0.48 (0.20)
	Other	83.83 (2.47)	
iHOT-12	Groin	71.03 (5.12)	0.99 (0.003)
	Other	70.95 (4.36)	

Note. LSM = Least Squares Mean; SE = Standard Error; P-value = ANCOVA was used to test for the difference of the LSM estimate between groin and other locations on each post-operative outcome. d = Cohen's d. "Other" includes patients with maximum severity of pain in a non-groin location that is equal or greater than the severity of pain in groin.

**Table 2: Post-operative patient-reported outcomes by presence or absence of pain in non-groin locations**

Pain Location	mHHS		HOS		iHOT-12		
	Adjusted LSM (SE)	P-value (d)	Adjusted LSM (SE)	P-value (d)	Adjusted LSM (SE)	P-value (d)	
Trochanter	Yes (n=42)	84.15 (2.37)	0.53 (0.18)	83.71 (2.07)	0.21 (0.36)	74.10 (3.50)	0.14 (0.43)
	No (n=10)	79.76 (6.22)		76.86(4.66)		57.94 (9.86)	
Lower Back	Yes (n=23)	82.32 (2.72)	0.67 (0.12)	84.24 (2.10)	0.40 (0.24)	70.97 (4.41)	0.99 (0.003)
	No (n=29)	84.09 (3.07)		80.93 (2.99)		71.01 (5.04)	
Buttock	Yes (n=19)	85.22 (3.15)	0.48 (0.20)	85.70 (2.75)	0.20 (0.38)	76.02 (5.05)	0.31 (0.29)
	No (n=33)	82.21 (2.77)		80.49 (2.52)		68.10 (4.97)	
Anterior Thigh	Yes (n=16)	84.27 (3.50)	0.75 (0.09)	82.38 (3.35)	0.99 (0.003)	68.56 (4.81)	0.63 (0.14)
	No (n=36)	82.88 (2.61)		82.41 (2.12)		72.07 (4.72)	
Knee	Yes (n=16)	80.37 (4.46)	0.39 (.25)	82.54 (3.42)	0.96 (0.01)	70.52 (5.39)	0.92 (0.03)
	No (n=36)	84.61 (2.21)		82.33 (2.16)		71.20 (4.21)	
Lateral Thigh	Yes (n=12)	87.27 (4.17)	0.29 (0.31)	84.24 (3.75)	0.57 (0.16)	74.51 (6.12)	0.54 (0.17)
	No (n=40)	82.12 (2.37)		81.84 (2.04)		69.93 (4.02)	
Posterior Thigh	Yes (n=7)	80.13 (5.27)	0.52 (0.19)	80.98 (6.15)	0.80 (0.07)	63.40 (7.48)	0.30 (0.30)
	No (n=45)	83.80 (2.18)		82.62 (1.88)		72.17 (3.67)	

Note. LSM = least squares mean, SE = standard error, P-value = ANCOVA was used to test for the difference of the LSM estimate between non-groin pain location and each post-operative outcome. d = Cohen's d



## CONCLUSIONS

Location of most severe pre-operative pain and the presence of non-groin pain in a patient with acetabular dysplasia does not adversely affect PROM. Additionally, increased pain severity and number of pain locations does not appear to have any significant impact on outcomes. Therefore, a wide array of patients with acetabular dysplasia might expect similar, favorable outcomes from PAO regardless of preoperative pain characteristics.

## CONTACT INFORMATION

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