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****Jere Mitchell, M.D., honored by American Heart Association, Dallas

Jere Holloway Mitchell, M.D., professor of internal medicine and physiology at The University of Texas Southwestern Medical Center at Dallas, will be the 1989-90 recipient of the Heart Healthy Lifestyle Award given by the American Heart Association, Dallas Division.

Dr. Mitchell will receive the award Thursday, Oct. 19 at the organization's second annual Heart Healthy Dinner. Festivities will be at 7:15 p.m. at the Tower Club.

The award and dinner honor a Dallasite who demonstrates significant support for the mission of the American Heart Association: the prevention of premature death and disability from cardiovascular diseases. The first honoree was Robert H. Dedman, founder and chairman of ClubCorp International.

Mitchell is cited for "significant accomplishments in advancing the basic knowledge of cardiovascular disease, its prevention and treatment."

Mitchell is director of both the Harry S. Moss Heart Center and the Pauline and Adolph Weinberger Laboratory for Cardiopulmonary Research at UT Southwestern. He currently serves as acting director of the Division of Cardiology. In 1982 he became holder of the

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Frank M. Ryburn, Jr. Chair in Heart Research and in 1988 was awarded the Carolyn P. and S. Roger Horchow Chair in Cárdiac Research.

A graduate of Virginia Military Institute and the medical center's Southwestern Medical School, Mitchell has been an Established Investigator for the American Heart Association and a Career Development Awardee of the U.S. National Heart and Lung Institute. He has been a Visiting Senior Scientist at the Laboratory for the Theory of Gymnastics, August Krough Institute, the University of Copenhagen. Mitchell has also been Visiting Research Professor in the Department of Anesthesiology, Rigshospitalet, University of Copenhagen Medical School.

Other honors include the Donald W. Seldin Research Award of UT Southwestern. He is a member of the Scientific Advisory Board of the U.S. Air Force and the Medical Sciences Committee of the American Association for the Advancement of Science. He received the Honor Award of the American College of Sports Medicine in 1988.

This year's Heart Healthy Dinner is being prepared by local chef David Reardon of Laurel's Restaurant, Sheraton Park Central. He was chosen for the honor in competition with approximately 50 area chefs. Each recipe has been analyzed and screened by registered dietitians to ensure that American Heart Association dietary guidelines are met.

Tickets are \$125 per person with seating for 10 at each table. For ticket information and reservations call 214/748-7212.

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Note: The University of Texas Southwestern Medical Center at Dallas comprises Southwestern Medical School, Southwestern Graduate School of Biomedical Sciences and Southwestern Allied Health Sciences School.