

News

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****Benefit for UT Southwestern offers
health fair and shopping spree

DALLAS -- Saturday, October 1, the Oak Lawn Design Plaza will open to the public on a one-time-only basis for browsing or shopping with an on-site decorator as a benefit for UT Southwestern Medical Center. Tickets to the benefit, which will be from 10 a.m. to 3 p.m., are \$25. The design plaza is located at 1444 Oak Lawn.

Usually only members of the design trade and design students are allowed to visit the plaza or attend special showings there. However, the plaza set aside the last day of its annual fall show as a benefit for UT Southwestern. At the same time, the medical center will host a health fair for shoppers. The event is called "Design for Life."

Participating in the health fair will be faculty, staff and students from UT Southwestern and various community agencies involved with the school. In addition, speakers that day will include Drs. Charles Ginsburg, Ken Altshuler, Barry Schwarz, Jim Stray-Gundersen and clinical nutritionist Jo Ann Carson. Their subjects will be, respectively, "All You Ever Wanted to Know About Keeping Children" at 10 a.m., "Stress, Mental Health and Psychiatric Disorders" at 11 a.m., "Women and Hormones" at 1 p.m., "The Pitfalls of Starting an Exercise Program" at 2 p.m. and "A Healthy Diet" at noon.

Booths will feature nutrition, coronary heart disease testing, physical assessment of health by computer, demonstrations on toxic dangers, danger signs of cancer, hearing and vision as well as glaucoma tests, behavior problems, cholesterol, blood pressure, body fat and glucose testing, posture screening, alcohol and drug screening, dangers and effects of the sun, mental health, depressive and manic-depressive diseases and organ donation. Exhibits will be from UT Southwestern and Children's Medical Center.

Tickets will be available at the door on Oct. 1, or they may be purchased in advance by writing to Oak Lawn Design Plaza Management Company, 2777 Stemmons Freeway, Suite 1733, Dallas, TX 75207 and sending a check and a stamped self-addressed envelope. Checks should be made out to the Oak Lawn Design Plaza Benefit.

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Note: The University of Texas Southwestern Medical Center at Dallas comprises Southwestern Medical School, Southwestern Graduate School of Biomedical Sciences and Southwestern Allied Health Sciences School.