

# SOUTHWESTERN NEWS

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## NEW DIRECTOR NAMED, NEW APPROACHES PLANNED FOR UT SOUTHWESTERN'S CENTER FOR PAIN MANAGEMENT

DALLAS – May 21, 1998 – Dr. Carl Noe, one of Texas' leading authorities in the treatment of pain, has been named director of the Eugene McDermott Center for Pain Management at UT Southwestern Medical Center at Dallas. Noe will oversee patient care at the center, the longest-running interdisciplinary program in the Dallas-Fort Worth area.

"We're extremely pleased to have such a premier pain specialist join our team," said Dr. Dennis Landers, chairman of anesthesiology and pain management. "We're anticipating some exciting changes at the center, and we're confident that Dr. Noe will continue to keep us at the forefront of pain care."

Noe, whose distinguished career includes medical service at Stanford University School of Medicine and Texas Tech University Health Sciences Center School of Medicine, will focus on evaluating and designing comprehensive treatment plans to address the individual needs of patients suffering from acute and chronic pain.

"Because there is no concrete way to measure someone's suffering, pain is a very personal, particularly frustrating symptom for patients to deal with. My goal is to help them cope with their pain, physically as well as emotionally, while exploring improved ways to treat the problem," Noe said. "At the center, we aim to treat the *whole* patient, not just the symptom of pain. We want to improve the quality of our patients' lives and show them ways to overcome the obstacles that have often plagued them for years."

Under Noe, who also serves as director of the center for pain management at Baylor University Medical Center, the clinic will continue to incorporate a variety of multifaceted pain-management strategies including biofeedback, relaxation training, behavioral therapy, and other conventional and alternative approaches. Prevention and rehabilitation also will

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## **NOE APPOINTMENT – 2**

become primary elements of the center's comprehensive treatment program. The center has assembled a team of board-certified anesthesiologists, psychiatrists, psychologists, physical therapists and other related consultants to help meet the individual needs of each patient.

"We want to be able to give patients options," Noe said. "So often, patients are referred to the center after exhausting all other routes. Because pain is such a difficult, often elusive, symptom to treat, patients sometimes go for a long time without ever finding an effective solution. Once they've been referred to UT Southwestern, patients should feel they have finally come to a place that understands pain and has innovative ways to treat it."

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