

SOUTHWESTERN NEWS

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PATIENTS WANTED FOR CLINICAL TRIALS AT UT SOUTHWESTERN

DALLAS – January 20, 2000 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies. Following are three of the trials being conducted. Participants will be compensated according to the specifics of each study. All trials are approved by the Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

HIGH BLOOD PRESSURE

Healthy men and women with “high normal” blood pressure are needed for a study to evaluate a drug’s effectiveness in preventing high blood pressure in high-risk people. The four-year study will require participants, who must be between the ages of 35 and 60, to make 20 clinic visits. To qualify individuals must not be taking any medications to lower their blood pressure or to treat diabetes. Study participants will receive free medical examinations, study medication, laboratory tests, diet counseling and a blood-pressure monitor. For more information, call 214-648-8368.

AFRICAN-AMERICAN CHOLESTEROL STUDY

Healthy African-Americans are needed for a study on genetic determinants of plasma cholesterol levels. Participants must be between the ages of 18 and 60, must not have diabetes, must not be taking any cholesterol-lowering medications and must be non-smokers. Study subjects will have to fill out a family and health history questionnaire and have blood drawn. Participants will receive a complete lipid profile and be paid \$15. For more information, call 214-648-5629.

POST-MENOPAUSAL DIABETES

Post-menopausal diabetic women are needed to participate in a study to evaluate the effects of hormone-replacement therapy and cholesterol-lowering therapy. Participants must have adult onset (Type II) diabetes, high blood cholesterol and no other major health problems. Qualified participants will receive a complete health evaluation. For more information, call 214-648-4773.

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