

THE DANIEL W. FOSTER, M.D.
VISITING LECTURESHIP IN MEDICAL ETHICS

(in conjunction with Ethics Grand Rounds)
Tuesday, November 10, 2020 – 12:00-1:00 p.m.

Via Zoom at

<https://utsouthwestern-edu.zoom.us/j/93157309305?pwd=dzZwbGM3ckhzTzFCRXFBOG5CeIFZdz09>

Webinar ID: 931 5730 9305 / Passcode: 111020

GOOD SPORT AND GOOD DOCTORING:
WHEN PATIENTS WANT ENHANCEMENTS, NOT THERAPY

THOMAS H. MURRAY, PH.D.

President Emeritus
The Hastings Center

We know that athletes, from aspiring teens to professional and aging masters, use drugs to enhance their performance. We know that in almost all sports using performance-enhancing drugs (PEDs) is forbidden. Why do athletes use them despite the prohibitions and sanctions if they are caught? Anyway, what's wrong with using PEDs in the first place? If everyone was allowed to use them, wouldn't the competitions be just as fair? How can physicians respond ethically to patients requesting help in obtaining or monitoring their health as they use PEDs? How can our experience with biomedical enhancement in sport help us understand other ways patients ask your help in using medicine to pursue goals well outside the accepted legitimate goals of medicine?

Recordings of past Ethics Grand Rounds lectures may be found at:

<http://hdl.handle.net/2152.5/1292>

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Target Audience: Physicians, faculty, fellows, residents, trainees, students, health care professionals. **Educational Objectives:** At the conclusion of this activity, the participant should be able to: 1) Recognize perennial and emerging bioethical problems in clinical practice, research, public health, and health policy arenas. 2) Describe competing/contrasting viewpoints concerning these bioethical problems. 3) Demonstrate increased skills in analyzing and practically handling bioethical problems in the clinical, research, public health, and health policy arenas. **Educational Method:** Lecture and question-and-answer period. **Accreditation:** The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. **Credit Designation:** The University of Texas Southwestern Medical Center designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The University of Texas Southwestern Medical Center designates this live activity for 1 hour(s) in medical ethics and/or professional responsibility. **Conflict of Interest:** All persons in the position to control the content of an education activity are required to disclose all relevant financial relationships in any amount occurring within the past 12 months with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients. A primary mechanism to resolve identified conflicts of interest is a content review that is prior to the activity. **Off-Label Uses:** Because this course is meant to educate physicians with what is currently in use and what may be available in the future, there may be "off-label" use discussed in the presentation. Speakers have been requested to inform the audience when off-label use is discussed.

CNE: UT Southwestern Medical Center is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This activity will award one (1) contact hour.