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2012 Annual Women's Health Symposium set for Feb. 7

DALLAS – Feb. 1, 2012 – Whether you are concerned about a child with food allergies or caring for an aging parent, UT Southwestern Medical Center's Carolyn P. Horchow Women's Health Symposium has a topic of interest to every woman, at every stage of life.

The annual symposium on the North Campus, scheduled for Feb. 7, is titled "It's What's Inside That Counts." The half-day program will offer participants a bounty of useful information from the medical center's renowned physicians, beginning with a continental breakfast and CPR training session (participation optional) at 8:30 a.m., to a talk by a Nobel laureate whose research led to the development of statin drugs, to an address by one of UT Southwestern's own faculty members – the new president of the American Cancer Society. The formal program concludes at noon, followed by a lunch with the presenters.

Scheduled speakers and their topics are:

- Dr. Daniel K. Podolsky, president of UT Southwestern – "Inside UT Southwestern: Past, Present and Future"
- Dr. Michael S. Brown, Nobel laureate and director of the Erik Jonsson Center for Research in Molecular Genetics and Human Disease – "Statins and Cardiovascular Disease: Our History and Our Future"
- Dr. Phil Evans, president of the American Cancer Society and director of the UT Southwestern Center for Breast Care – "Imaging Breast Cancer: Successes and Challenges"

Attendees also will choose from one of several breakout sessions on advances in clinical care and research:

- Dr. Amit Khera, director of preventive cardiology – "Preventing Heart Disease"
- Dr. Craig Rubin, director of the Mildred Wyatt and Ivor P. Wold Center for Geriatric Care – "Caring for the Aging"
- Dr. J. Drew Bird, director of the Food Allergy Center at Children's Medical Center

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Dallas – “Living with Food Allergy”

- Dr. Preston Wiles, professor of psychiatry – “Understanding Autism”

The Chairs for the event are Nicole Small and Beverly Ginsburg. The steering committee members are Ruth Altshuler, Trudy Best, Harriet Burrow, Betsy Cullum, Margaret Anne Cullum, Sissy Cullum, Leslie W. el-Effendi, Regen Fearon, Chandler Lindsley, Dr. Chandler Lindsley, Ruth Lindsley, Melissa Macatee, Nancy Perot, Lizzie Routman, Capera Ryan, Debbie Ryan, Nancy Shutt, Diana Strauss, Barbara Stuart, Marnie Wildenthal, and co-founder Pat Patterson.

Dr. Karen Bradshaw, medical director of the Lowe Foundation Center for Women's Preventative Health Care at UT Southwestern, is faculty advisor for the event. Dr. Carol Podolsky, pediatrician, is physician advisor.

The symposium is named in honor of co-founder Carolyn P. Horchow, a generous friend and longtime supporter of UT Southwestern who died in 2009.

The registration fee for the symposium is \$35, which includes lunch. The symposium will take place from 8:30 a.m. to 1 p.m. on the 14th floor of the T. Boone Pickens Biomedical Building, 6001 Forest Park Road, Dallas.

Reservations can be made at www.utsouthwestern.edu/womenshealthsymposium or by calling 214-648-2344.

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