

SOUTHWESTERN NEWS

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Patients sought for epilepsy, prostate and blood pressure clinical trials

DALLAS – Sept. 22, 2004 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies on epilepsy intervention, enlarged prostates and high blood pressure. All clinical trials are approved by UT Southwestern's Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

Epilepsy Intervention

Neurologists at UT Southwestern Medical Center are investigating whether earlier intervention with two standard epilepsy treatments – medication and/or brain surgery – can eliminate seizures and improve epilepsy patients' quality of life. Participants must be at least 12 years old, have had at least six days with seizures per year for less than two years, and have tried two or more anti-epileptic medications. Study-related costs not covered by insurance will be provided. For more information, please call 214-648-6880.

Enlarged Prostate

Men age 50 or older with moderate to severe symptoms of benign prostatic hyperplasia (BPH) and no prior prostate surgery are needed to participate in a study by researchers at UT Southwestern Medical Center comparing the effectiveness of prostate surgery and drugs. The study will consider the long-term benefits and risks of transurethral needle ablation (TUNA) and transurethral microwave thermotherapy (TUMT) in combination with the drugs Alfuzosin and Finasteride. TUNA and TUMT are minimally invasive surgical therapies that use heat to destroy part of the enlarged prostate in order to improve urine flow and symptoms. For more information, please call 214-645-8797.

High blood pressure

Researchers at UT Southwestern Medical Center are recruiting adults who have high blood pressure or are taking blood pressure medicine for a study evaluating the effects of three different blood pressure-lowering drugs in decreasing the risk for developing diabetes. Participants will receive study-related tests and medication. Some financial compensation will be available. For more information, call 214-DIABETES (342-2383).

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For information about other clinical trials at UT Southwestern Medical Center at Dallas, visit <http://www.utsouthwestern.edu/home/research/clinicaltrials/index.html>