

SOUTHWESTERN NEWS

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PATIENTS WANTED FOR CLINICAL TRIALS AT UT SOUTHWESTERN

DALLAS – March 21, 2003 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies on Alzheimer's disease, alcohol abuse and type 2 diabetes. Participants will be compensated according to the specific requirements of each study. All trials are approved by UT Southwestern's Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

Alzheimer's

UT Southwestern researchers are conducting a study of vitamin therapy to reduce the blood level of an amino acid called homocysteine. Homocysteine levels tend to be higher in people who have Alzheimer's disease. Volunteers must be 60 years of age or older but do not have to suffer from Alzheimer's or exhibit signs of cognitive impairment. Participants will take a low-dose B-vitamin supplement during the first part of the study, then take higher doses during the study's final stages. The study includes some memory and thinking tests. Participants will be financially compensated and receive vitamins as part of the study. For more information, call 214-648-7459.

Alcohol

UT Southwestern scientists are seeking women with alcohol problems to participate in an inpatient research study. The study is designed to learn more about the biology of alcoholism. Eligible participants must be between 30 and 50 years of age, be in reasonably good health, not be overweight, and not be taking oral contraceptives. Eligible subjects will receive six to eight weeks of residential treatment for alcohol problems. Volunteers also will receive physical exams, EKG and blood tests, and financial compensation for their participation. For more information, call 214-857-0830.

Type 2 diabetes

UT Southwestern is looking for volunteers who are not diabetic but have at least three of the following risk factors: strong family history of diabetes; 30 to 65 years of age; overweight; high blood pressure; high cholesterol; African-American, Native American or Hispanic ancestry; or diabetes during pregnancy. The study examines the exact mechanism of a Food and Drug Administration-approved drug and its effects on the heart. Participants will be chosen at random to take the drug or a placebo for eight months. Monetary compensation will be provided. For more information, call 214-648-5432.

THE UNIVERSITY OF TEXAS SOUTHWESTERN MEDICAL CENTER AT DALLAS

Southwestern Medical School • Southwestern Graduate School of Biomedical Sciences • Southwestern Allied Health Sciences School
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