

SOUTHWESTERN NEWS

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Patients sought for cholesterol, diabetes and plastic surgery trials

DALLAS – Sept. 22, 2005 – Researchers at UT Southwestern Medical Center are seeking patients to participate in medical studies on cholesterol, diabetes and drooping noses. All clinical trials are approved by UT Southwestern's Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

Cholesterol

UT Southwestern Medical Center researchers are seeking patients 21 years of age or older to participate in a cholesterol study. The study will evaluate the safety and efficacy of a combination therapy in patients with type II hyperlipidemia or mixed dyslipidemia, conditions that include an elevation of lipids (fats) in the bloodstream. Patients who qualify will receive free medications for six months in relation to the study. The combination of medicines includes niacin (vitamin B3), proven to enhance heart attack reduction. The other medication is simvastatin, used for lowering cholesterol. Patients who are chosen will have to come to UT Southwestern for occasional blood draws. For more information, please call 214-648-8367.

Diabetes

Volunteers who have type 1 diabetes are needed to participate in a UT Southwestern Medical Center trial. The duration of diabetes should be between one month and three years and the participant has to be between the ages of 8 and 35. The purpose of the study is to compare the Mixed Meal Tolerance Test and Glucagon Stimulation Test, two different metabolic standards commonly used in diabetes research. Both of these tests are used for assessing C-peptide responses. Measuring C-peptide levels in the blood will show how much insulin the body is producing and how well the beta cells are working. Investigators are interested in finding out which test is a better measurement of insulin secretion, easier to administer and better tolerated by participants. Please call 214-648-4844 for more information.

Drooping noses

Do you have a noticeable droop at the tip of your nose? UT Southwestern Medical Center's department of plastic surgery is looking for healthy adults between the ages of 18 to 45 who have noses that tend to point downward when they smile. The study will evaluate the efficacy of botox treatments on this cosmetic condition. The treatment is free and involves no more than three visits. For more information, please call 214-648-4786

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