

SOUTHWESTERN NEWS

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Patients sought for diabetes, hearing loss, and HIV clinical trials

DALLAS – June 15, 2004 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies on diabetes, hearing loss and HIV. All clinical trials are approved by UT Southwestern's Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

Diabetes

Relatives of people with type 1 diabetes are being sought for a study at UT Southwestern Medical Center at Dallas to determine their risk for developing the disease. First-degree blood relatives (siblings, children or parents) of type 1 diabetics who are 1 to 45 years of age, as well as second-degree blood relatives (cousins, uncles, aunts, nieces, nephews, grandparents) who are 1 to 20 years of age, are needed. Participants will be screened to determine their risk for developing the disease. For more information, call 214-648-4844.

Hearing loss

People with moderate to severe hearing loss are needed for a study at UT Southwestern Medical Center at Dallas. Researchers are trying to determine the effectiveness of an implantable hearing aid. To be eligible, participants must be at least 18 years old, have normal middle-ear anatomy and must be an experienced hearing-aid user, with an average of four or more hours of daily hearing-aid use for at least three months. Patients also must have no history of chronic middle-ear disease or middle-ear infection, and no inner ear diseases. A hearing aid and free medical evaluations will be given to those involved in the clinical trial. For more information, call 214-648-5475.

HIV

UT Southwestern Medical Center at Dallas researchers are evaluating whether diet and exercise can help HIV-positive individuals who have developed lipodystrophy while on antiviral medications. Lipodystrophy is characterized by elevated triglycerides, loss of body fat from the face, arms or legs and/or the accumulation of fat in the belly, breasts, chin or back of the neck. Researchers are investigating whether a novel investigational medication, exercise, diet or fish oil can improve the metabolic abnormalities associated with lipodystrophy. The condition affects nearly 50 percent of HIV-infected people who take protease inhibitors. The study's goal is to lower cholesterol and triglycerides, improve insulin resistance and decrease abnormal fat accumulations. For more information, call 214-648-9296.

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For information about other clinical trials at UT Southwestern Medical Center at Dallas, visit <http://www.utsouthwestern.edu/home/research/clinicaltrials/index.html>

THE UNIVERSITY OF TEXAS SOUTHWESTERN MEDICAL CENTER AT DALLAS

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