## Note:

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Some examples of the kinds of errors to be found in the transcripts are provided below.

Filename	PDF Version Page	Error
jmf_int_transcript_Williams_2_2_1976.pdf	20	"Parkalnd"
jmf_int_transcript_Foster_2_2_1976.pdf	2	"trememdous reseurce"
jmf_int_transcript_Neaves_1976.pdf	6	"Andreas Baselius"
jmf_int_transcript_Schermerhorn_1976.pdf	18	"Moreove"

Doris Porter: Physical Therapy

Well, first of all, I'm Doris Porter and I'm chairman of the department of physical therapy, and physical therapy is a program that lasts for 15 months. Students that are admitted to the program either have 90 semester hours or more prior to admission or they may already hold baccalaureate degrees and be admitted to the program. In either case they are candidates for a baccalaureate degree, os that for the 90-semester-hour student gets his first baccal wareate degree for the student who already holds a baccalaureate degree, he gets a second degree.

The program itself is 15 months approximately in length. Starts always in very early June. Has a 10-week summer session, a full fall semester, a full spring semester and then a full summer semester with which is the clinical education portion. This is rather like an internship except that it is done in physical therapy prior to graduation rather than after.

The selection of students for the program has gotten to be a really extensive job. We have about 430 applicants this year from whom we will choose 36 students and make up an alternate list of probably 15 to 18 students. One of the things that happens is that physical therapy applicants apply to several programs and, of course, the good ones get accepted for most of those to which they apply. Then when they make their choice, then that either opens up a spot for us or for somebody else.

?Students pretty highly motivated

Well, yes. And this is one of the things that we're

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is, a bit of what their personal phislosophy is, what their motivaltion is, what their industry is, and what kinds of character qualities they have. They have to be well-versed in communications in terms of dealing with speople, not only on a one-to-one basis but on a group basis.

?What else do you look for?

Well, of course, we start out being interested in what their overall grade-point average is in previous college work that they have done. Then we're also intereseted in what their gradepoint average is in the basic sciences courses. So that we compute this by putting together their courses in physics, chemistry and biologic sciences. The relationship of these one to the other is an important factor for us.

?What do physical therapists do when they finish the program?

That's probably one of the most difficult things to describe because the work of the physical therapist may be extremely diversified, partly related to the type of institution in which they go to work. Physical therapists work in general hospitals, they work in medical clinics, where they are used for \_\_\_\_\_\_ referral patients from all the doctors who may be in at that medical clinic, they oftentimes work with a group of orthopedists, they work in crippled children's treatment centers for orthopedically and neurologically involved children. They work in rehabilitation centers. Many of them are self-employed, taking referrals from physicians \_\_\_\_ in the city. They work in public school

systems. They work in all kinds of special areas for handicapped people, both children and adults, with deaf and blind and the multiply handicapped, the orthopedically handicapped, all the way down the line.

therapists gain experience they often become involved in administrative positions as chief physical therapist and phsycial therapy department directors, administrative directors of large physcial medicine departments. Many of them have become involved as directors of rehabilitation centers. They also, some of them go into teaching and become faculties of physical therapy schools. Some of them go into research, both real research and clinical research. Well-dispersed throughtout health care?

Right, \_\_\_\_\_ care faciliteies \_\_\_\_\_?

Po all hospitals have a deaprement of physical therapy?

All large hospitals have a department of physical therapy, and more and more even the smaller hospitals are as they are building, building space for physical therapy. Many of the rural hospitals now are trying to get physical therapists to come in on their staff. Now whether or not they have the space, they will make it if they can get the people in.

?Why?

Well, the kinds of things that physical therapey has been able to do for people who have disabilities has over the last 15 or 20 years become very, very obvious as part of the rehabilitation process, and I suppose they're getting

to be known further and further afield as time goes along, and it's an adjunctive or allied health field which seems to be very successful in its complementary care of patients.

?What's the origin of this particular program?

This program was started when the School of Allied Health Sciences was brought into being, so it was started in 1970, graduated its first class in August of 1971. We started out with 24 students at that time and have gradually increased that from 24 to 30 and then from 30 to the current 36 and this is probably for us an ideal number. We don't anticipate increasing that number at the present time.

?What determines class size?

The amount of space that you have or can have in order to run the individual laboratory kinds of things because in addition of the academic a background, there is much in the way of skill-forming that has to be done in terms of handling the patients and the parts for the various therapeutic exercise programs, therapeutic massage, and this kind of thing. It takes a lot of expensive equipemnt of have a physical therapy program, the numbers of faculty that you have, of course, it is a very important factor in order to be certain that the sutdent is developing the kinds of skill-techniques that they need. We feel that the optimum level for student-efactualty relationship in our laboratory is on a one to 12 basis, so we have our 36 divided into three groups, which means that each group has a faculty person with the during laboratory sessions all the time.

?Why a science background?

The reason that physical therapy is called physical therapy is not because of the interpretation of the work physical as it relateds to the body, but physical in the sen se that physical entities of the world, light, heat and sound and light and mechanics and magnetism and electricity, all of which are part of the study of physics, if you are using various types of equipment for the patimet, in order to produce a certain response, whether that is his heat, whether it is his muscle response to an electric current, no matter what this may be, one has to understand the physics behind it if he really understyads the what he is eliciting physiologically within the patient. Otherwise, it would become a dangerous kind of application. From the standpoint of the maechanics as we are designing appropriate therapeutic exercise for patients, each one of wohom is different, each one of whom in has a different problem, each one of whom is a different size and shape. We are dealing with leverage systems with bones and joints, fulcrums and and as a result as these are controlled by the applications of motors to the muscles, the calculation of the generation of force within a muscle to overcome whatever the activity may be and on the outside becomes critical. ?Is there any relationship between physical therapy and surgery and orthopedics?

Now I'm not sure of the \_\_\_\_\_\_of which you speak. ?Lorenz, the German who developed what he called "bloodless surgery"?

The use of cauterization and electrical equipment for

this kind of pattern or are you talking about the pneumatic cutoff....

?No, manipulation of limbs to correct deformities?
 Well, of course, physical therapy becomes involved in
this very much in the utilization of bracing....
?Bracing, casts, that sort of thing?

That's right, and the physical therapist does become involved with this in part of the analysis, in part of the working with the patient while he is in the cast or in the orthodic device. We work very much with patients who are amputees with the prosthetics and the retraining of the patient for ambulation both on the surfacte and up and down stavirs and all of these kinds of things. There really are very few types of this patients with whom we don't have an opportunity to work. Many times orthopedics is, of course, a big part of it, ment neurology is a big part of it. We work very much with stroke patients, burn patients, post-operative patingstof war various kinks, cardiac, pulmonary. if you're over at Parkland, you'll have an opportunity to see some of the work that's being done with patien/s/t).

?What's their chief problem?

With the burn patiments? All right. Well, forst of all, because the nature of the burn mustch of the \_\_\_\_\_ and taking away of the sluffing tissue is done often in the Hubbard tanks in the physical therapy department, and often by physical therapists. The other thing that becomes critical is to keep joints mobile and the developing skin or skin

grafts free and mobile so that you don't end up with contractures and scar tissue in that developing skin, which is so limiting that it inhibits freedom of motion of the joint after the healing has all taken place, and this deals not only with skin but with tendons and ligamental structure, the whole works. We do a lot of retraining with arthritics and traumatics, traumatized join'st, after joint replacements. Who is responsible for developments?

Well, I suppose most of those things really come from physical therapists that are working in the field or are working as researchists in the field, as new things are discovered or unearthed in the medical arena, they may have strong implications for changes in physical therapy, so that constantly physical therapy has to be aware of things that are being learned by medicine all the time.

A very large group of patiments with whom we are wrork are cancer patients.

?Any research here?

Here at the school, no. Not at the present time. We at the present time have only the undergraduate degree. We would hope to have a masters degree at sometime in the future. And if we do, then hopefully we would become note involved in research than we're involved with now, as it relates to patients.

?How do students get involved with patients?

After they've completed the summer session and starting the full fall semester, we have a few days that are devoted almost entirely to how to work some of the modality equipment

and this is ... just really learning to operate the dequipment and it doesn't have anything to do with the theory be ind it at this point, and as soon as they have complited thais, then each student goes out into a physical therapy clinic for a half a day for the rest of that semester, which amounts to about 12 weeks or so, and during that 12 weeks they would be involved with two different clinics, one for five weeks and then another for five weeks, just for half a day. And while they're there at this time, they are able to start to apply some of the modalities. Later on in the semester to use some massage techniques and some very elemental therapeutic exercises, so that they start to get their exposure to the patient to see other physical therapy people working with the patients, to start to understand the kinds of communications that are going on, to become aware of some of the different personalities that are involved, not only with patients but with the supportive staff in the department, with the physicians, the chief physical therapiest, and so forth. ?Who supervises them?

They, each of the clinics has a person who has the position of clinical instructor. Now in the very large facilities they may have a person who's called the clinical supervisor....