

# CYCLOSPORINE-INDUCED HYPERTENSION

The Search for the Billion Dollar Molecule



*Figure 1. From (1)*

INTERNAL MEDICINE GRAND ROUNDS

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# I. Introduction

In 520 A.D., according to legend, the patron Saints of medicine and surgery, Cosmas and Damian, replaced the gangrenous white leg of an aged sacristan with the healthy dark leg of a recently deceased Ethiopian man (1,2). This celebrated operation, captured in the historic painting by Fernando del Rincon (on the cover of the handout) is the first description in the Western literature of an orthotopic allograft.

In 1981, 14 centuries later, this ancient wish became a modern day reality when Black and colleagues at the University of California at Irvine successfully replaced the white leg of a Lewis rat with the dark leg of a hybrid brown Norway rat (3).



*Figure 2. From (3).*

The first operation was performed posthumously (Cosmas and Damian died in 287 A.D.) and thus with divine intervention, the second with cyclosporine- induced immunosuppression.

Cyclosporine A (abbreviated **CsA**) is the first immunosuppressive agent with relative T-cell specificity (4,5). In the past decade, CsA has greatly improved long-term survival after organ transplantation, leading to the exponential growth of organ transplant programs in the 1980's (6).

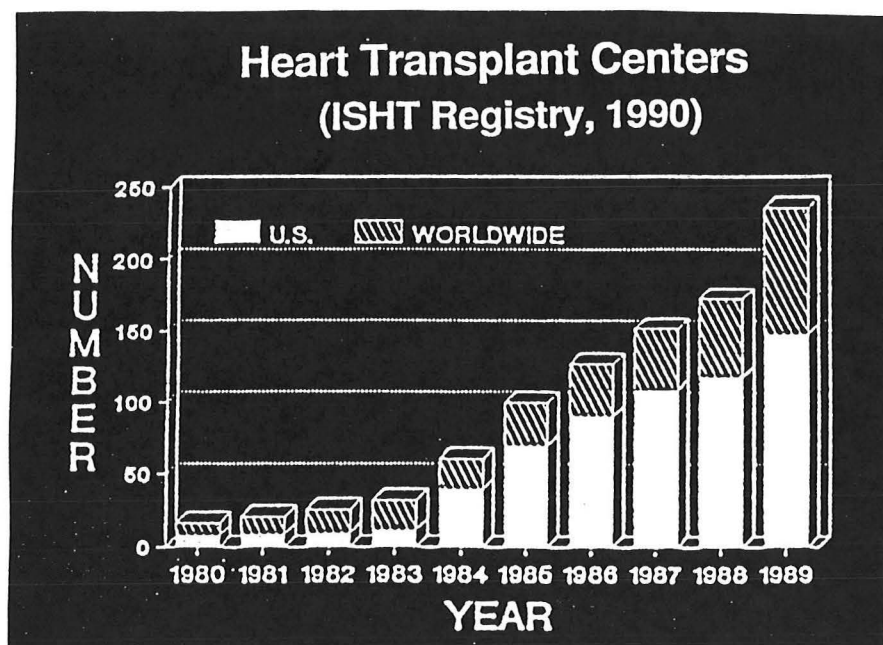


Figure 3. From (6).

In addition, CsA is rapidly gaining acceptance as being remarkably efficacious for an increasing list of autoimmune diseases, including psoriasis and psoriatic arthritis, rheumatoid arthritis, and Crohn's Disease (7-9).

Despite these beneficial effects, CsA causes considerable toxicity, most notably hypertension (10-17), renal insufficiency (18), and CNS toxicity (19- 23).

#### Adverse Effects of CsA:

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<u>Adverse Effect</u>	<u>Incidence (%)</u>
<b>Hypertension</b>	25-95
Nephrotoxicity (serum Cr > 2.0)	<30
Tremor	50
Paresthesia	35
Seizures / Encephalopathy	<5
Hyperuricemia	80
Hyperkalemia	25
Hyperglycemia	40
Hirsutism	30
Viral Infections	25

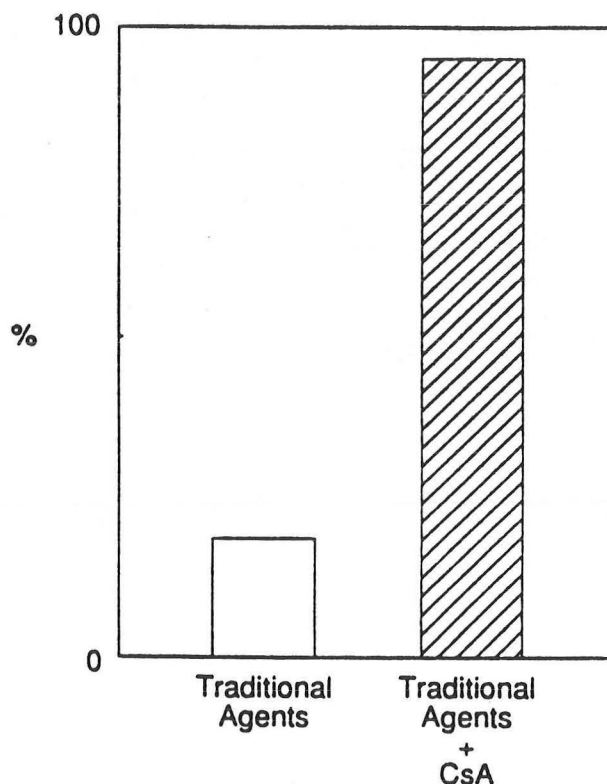
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Figure 4.

CsA has emerged as a major new cause of hypertension. Indeed, it now is one of the commonest causes of secondary hypertension. In heart transplant recipients, for example, the incidence of hypertension has increased from 20% in the pre-CsA era to currently 90% (4,10,16).



### INCIDENCE OF HYPERTENSION IN HEART TX RECIPIENTS



*Figure 5. Adapted from (4,10,16).*

Two syndromes have been described: (1) Chronic hypertension, which is evident usually by 6 months after transplant, typically is moderate or severe, often requiring treatment with multiple antihypertensive medications. Hypertension after heart transplantation has been implicated as a risk factor for shortened allograft survival (24,25), left ventricular hypertrophy (26-28), and coronary allograft and peripheral vascular angiopathy (29-30). (2) Acute fulminant hypertension with seizures has been described with high dose intravenous CsA after bone marrow transplantation (31,32).

Hypertension also is the main reason why internists have been hesitant to prescribe CsA for their patients with autoimmune diseases for which this drug is remarkably efficacious.

Despite the clinical importance of CsA-induced hypertension, the underlying mechanisms have been an enigma.

The aim of this Grand Rounds is to present a conceptual framework for understanding the pathophysiologic basis of CsA-induced hypertension. This is an excellent example of the synergy between basic research and clinical practice. CsA has not only proven to be a powerful immunosuppressant drug in patients but also to be a powerful new scientific probe to study cellular signal transduction (33), the process by which extracellular molecules alter intracellular function.

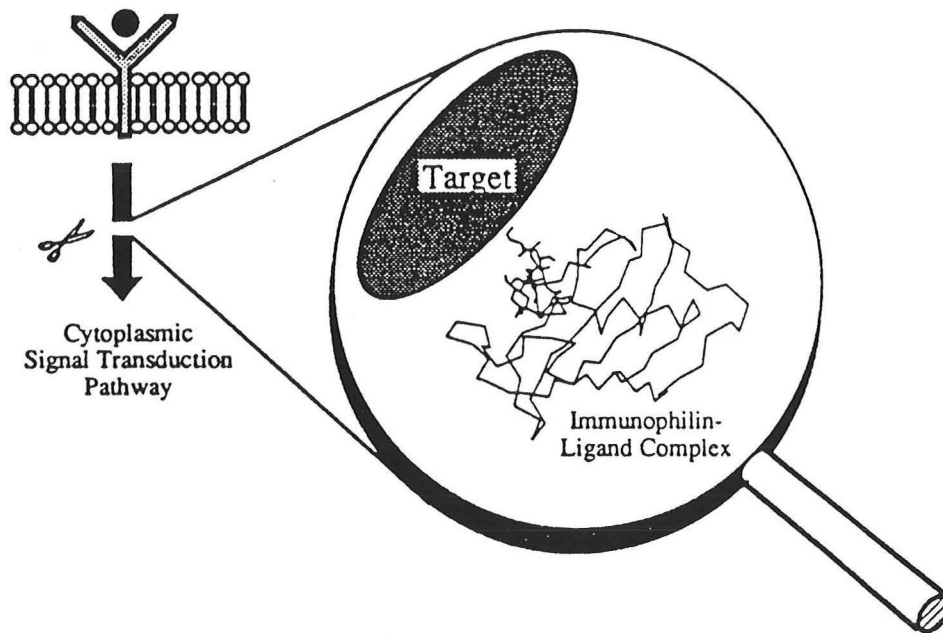


Figure 6. From (33).

The recent elucidation of novel CsA-sensitive cellular signaling pathways has led to the search for the ideal immunosuppressant drug, which retains CsA's immunosuppressive efficacy without its toxicity, i.e., the "billion dollar molecule" (34). "

## BILLION DOLLAR MOLECULE

- greater immunosuppressive potency than CsA
- no toxicity

Figure 7.

This burgeoning field of basic research also has exciting implications for the treatment of a variety of disease processes far beyond immunosuppressant drug toxicity.

My review is not meant to be encyclopedic [the reader is referred to several recent reviews (35-40)], but rather to address the following question:

## QUESTION

Does a common molecular mechanism mediate the immunosuppressant and the hypertensive effects of CsA ?

Figure 8.

## II. Mechanism of CsA-Induced Immunosuppression

### A. CsA, the first immunosuppressant drug with relative T cell specificity

CsA was the first immunosuppressive agent with relative T cell specificity (4,5) This means that, in contrast to more the traditional agents prednisone and azathioprine, CsA causes much fewer opportunistic infections.

### **CsA: T CELL SPECIFICITY**

- greater effect on T than B cells
- inhibits T helper but not suppressor cells
- minimal bone marrow suppression
- minimal reduction in peripheral blood counts

---

= fewer opportunistic infections

*Figure 9.*

### **CsA: HISTORICAL DEVELOPMENTS**

<b>1970</b>	CsA discovered from soil fungi
<b>1972</b>	immunosuppressant effect discovered by serendipity
<b>1978</b>	first clinical trials with CsA
<b>1980</b>	CsA synthesized de novo
<b>1983</b>	CsA registered by Sandoz
<b>1992</b>	molecular mechanism of immunosuppression

*Figure 10.*

The drug was used clinically for almost a decade before the molecular mechanism of action was elucidated. When I first reviewed this topic at Grand Rounds in 1989 (41), I concluded, "The detailed molecular mechanism of CsA's suppression of T lymphocytes is only beginning to be elucidated. "

In the past 6 years, the scientific progress in this field has been remarkable (33, 42-44 for excellent brief reviews).

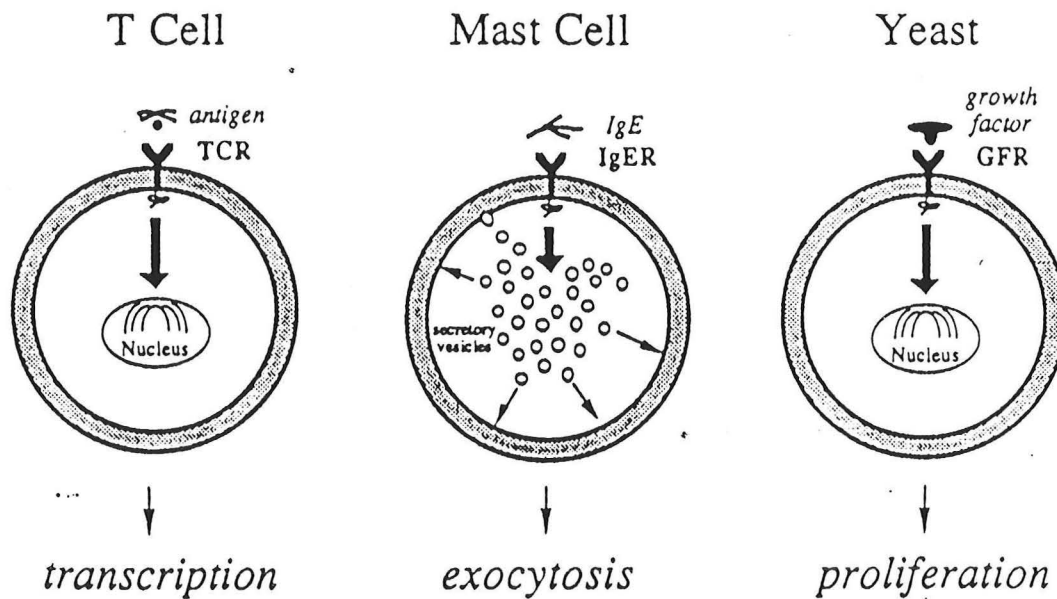


Figure 11 From (33).

These are 3 processes which are sensitive to CsA. In T cells it inhibits transcriptional activation of the interleukin 2 (IL-2) gene and this is thought to be the primary immunosuppressive action. The effect is not at the level of the T cell receptor but somewhere between the cytoplasm and nucleus. CsA also inhibits exocytotic release of histamine from mast cells and again the site of action is not the cell surface receptor but inside the cell. The yeast that produce CsA are resistant to its antifungal action against other species and this is accomplished again by interfering with proliferation not at the cell surface but at the intracellular level.

I want to emphasize that most drugs and hormones work by acting on cell surface receptors, a classic example being the interaction of epinephrine with the beta-adrenergic receptor. In contrast, CsA does not work on cell surface receptors. It is so lipophilic that it readily passes through the cell membrane and interacts with a newly discovered family of intracellular receptors.

## B. Cyclophilin, the CsA receptor.

The cytoplasmic receptor for CsA is a soluble protein termed *cyclophilin*. (42-47). Actually, there are a dozen or so cyclophilins. They are uniformly expressed in yeast, in human T cells and mast cells, and in all mammalian cells. Handschumacker et al. (45) found that the uptake and concentration of [ $^3\text{H}$ ] CsA in cultured cells occurs in the cytosol and not the cell membrane. They then purified the cytosolic receptor (15,000 kD protein) by chromatography. They hypothesized that the immunosuppressive action of CsA is mediated in the cytosol by binding to cyclophilin, since they could rank order the binding of various natural and synthetic CsA analogues to cyclophilin with their immunosuppressive potency in cell culture.

Interestingly, in various strains of yeast, sensitivity to antifungal action of CsA correlates with cyclophilin binding. In CsA-resistant mutants, the cyclophilin protein is either lost or has lost its ability to bind CsA (48).

Then it was discovered that the cyclophilins possess intrinsic enzymatic activity: they catalyze folding of proteins, a property termed *cis-trans* peptidyl-prolyl isomerase (46,47). This led to the "Isomerase Model:" CsA binding was postulated to result in a loss of function of cyclophilin (33).

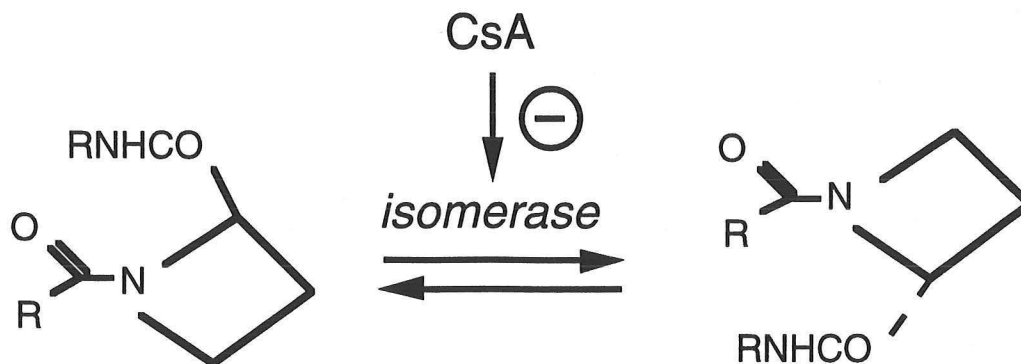


Figure 12. Adapted from (33).

Thus, prevention of the folding (*cis-trans* isomerization of a prolyl bond) of some unknown target protein was assumed to be the CsA-sensitive step in T cell activation

The simplicity of this model was so exciting that one of the senior scientists at Merck named Jeffrey Boger started his own drug company (Vertex) on the premise that one could design from basic principles a second generation CsA-like molecule which retained the key ingredient in immunosuppressive potency --inhibition of the isomerase--but removed whatever portion of the molecule was responsible for causing drug toxicity, the mechanism of which remained to be determined. This story recently captured the interest of the lay press (34).

T H E  
BILLION - DOLLAR  
MOLECULE  
  
ONE COMPANY'S QUEST  
FOR THE PERFECT DRUG  
  
BARRY WERTH  
  
SIMON & SCHUSTER, 1994

Figure 13. Adapted from (34)

Unfortunately for Boger and his financial associates, the isomerase model was completely refuted soon after the discovery of FK506 and rapamycin, two more immunosuppressants with relative T cell specificity (42-44).

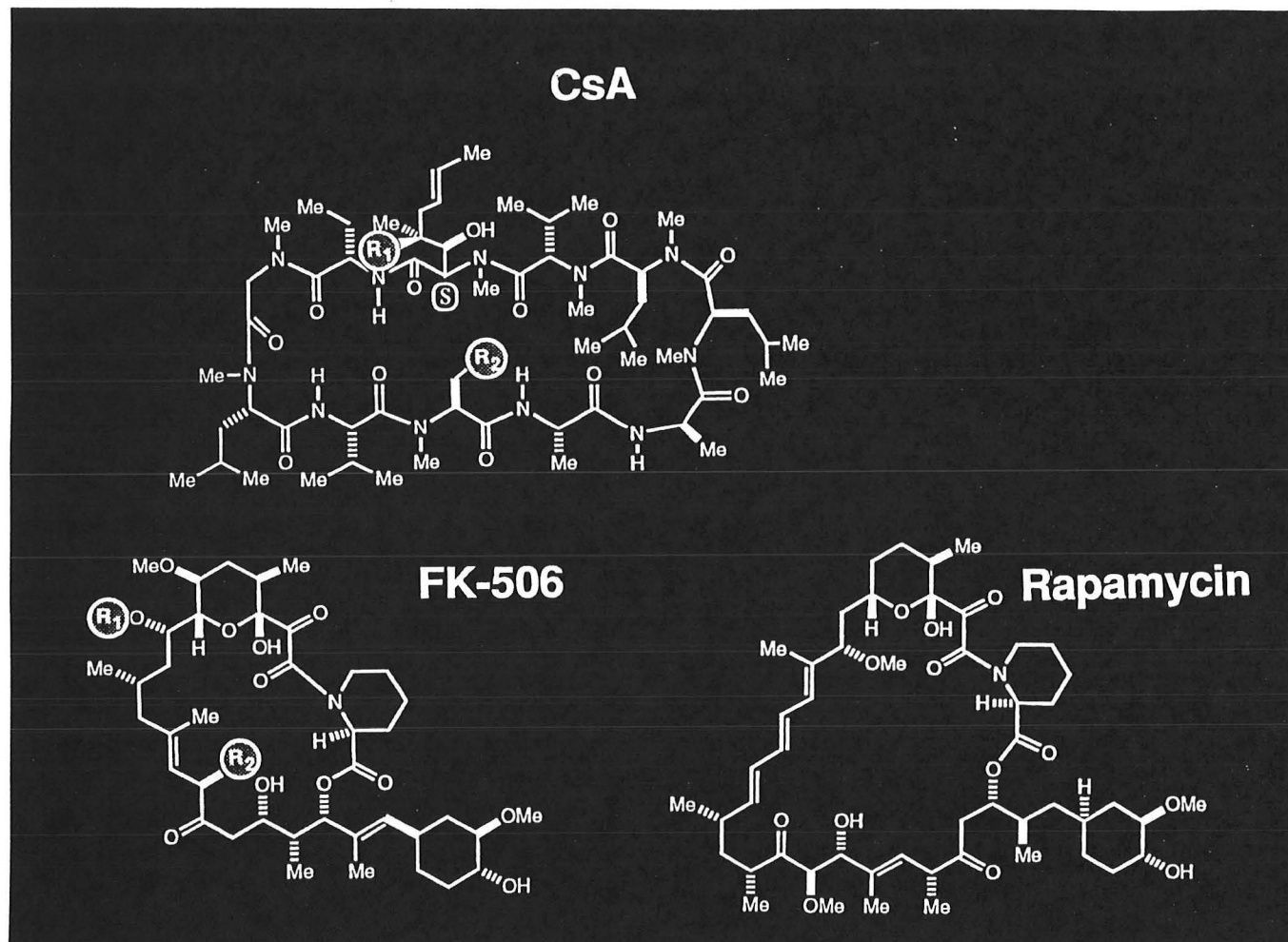


Figure 14 .

Whereas CsA is a cyclic polypeptide, FK506 and its structural analogue rapamycin are macrolides. Like CsA, FK506 is another fungal product (this time discovered in Japan) and it has the identical action on T cells and mast cells. Furthermore, FK506 binds to and inhibits the activity of another isomerase, termed *FK binding protein* (FKBP) (49,50). What is remarkable is that the two drugs...and their receptors (termed *immunophilins*)... have absolutely no structural features in common.



CsA binds cyclophilin whereas FK506 and rapamycin bind FKBP. However, there is no cross-reactivity: CsA does not bind to FKBP and FK506 and rapamycin do not bind to cyclophilin (42-44, 49,50).

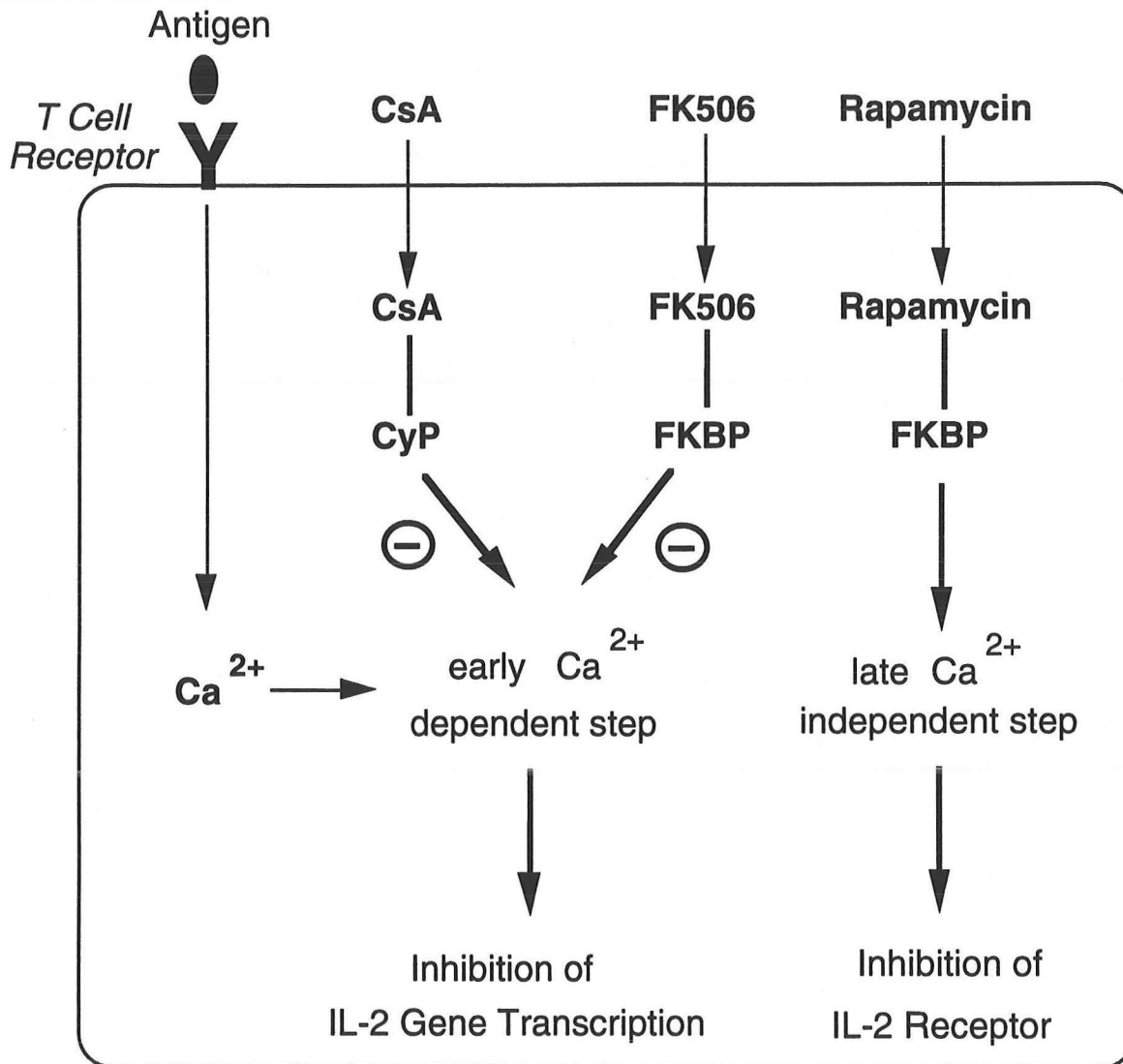


Figure 15.

Two observations dissociated T cell inhibition from isomerase inhibition. First, although FK506 and rapamycin are equally effective in inhibiting the isomerase activity of FKBP, the two drug /immunophilin complexes inhibit entirely different steps in T cell activation (42-44, 51). Second, Stuart Schreiber's laboratory synthesized de novo an unnatural immunophilin ligand termed 506 BD (FK506-like binding drug) which contains only the common structural elements of FK506 and rapamycin (52). The 506 BD binds FKBP with high affinity and inhibits its isomerase activity but has absolutely no effect on T cell activation in cell culture.

That CsA and FK506 inhibit the identical  $\text{Ca}^{2+}$  dependent step in T cell activation suggested that they have a common molecular mechanism of action.

C. Calcineurin, the cellular target of the CsA / cyclophilin complex.

In 1991-92, the story broke that the common target of the two drugs (as their immunophilin complexes) is a  $\text{Ca}^{2+}$  binding protein termed **calcineurin** (53-58).

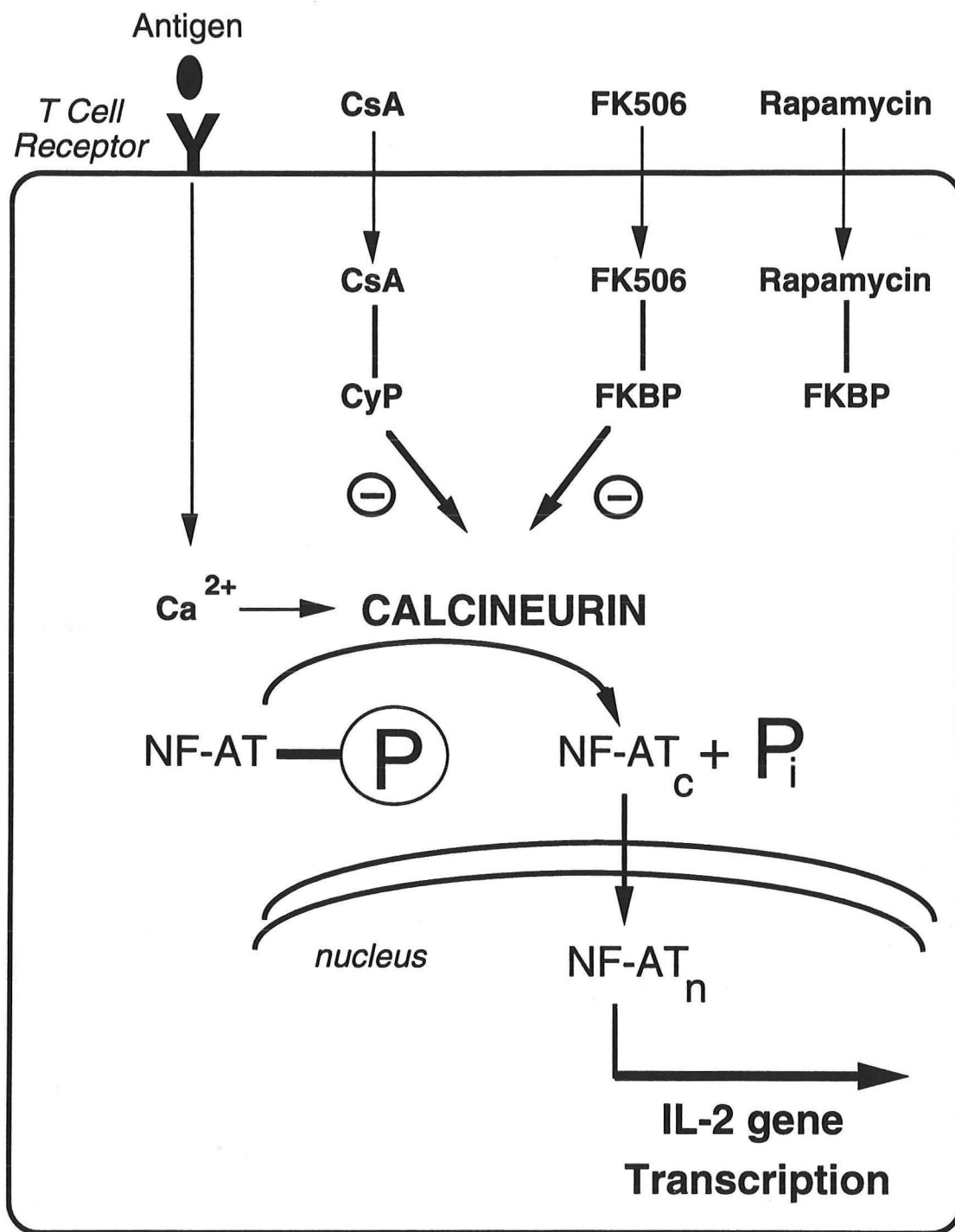


Figure 16.

This cartoon depicts the current thinking about the molecular mechanism of CsA's immunosuppressive action. This was elucidated by comparison of CsA's effects with those of two investigational immunosuppressant drugs, FK506 and rapamycin. Whereas CsA is a cyclic polypeptide, FK506 and rapamycin are macrolides. All three drugs are membrane permeant but they are biologically inert until they bind to their respective cytoplasmic receptors, termed *immunophilins*. *Cyclophilin* binds CsA while *FK-binding protein* (FKBP) binds either FK506 or rapamycin. The cellular target of both the CsA-cyclophilin and FK506-FKBP complexes is **calcineurin**, the  $\text{Ca}^{2+}$ /calmodulin dependent phosphatase (53), which is inhibited by these immunophilin-ligand complexes (54-58). In the T cell, the relevant substrates for calcineurin are phosphorylated transcriptional factors on the interleukin-2 gene such as the nuclear factor of activated T cells (NF-AT). When dephosphorylated in the cytoplasm by calcineurin, a subunit of NF-AT enters the nucleus where it initiates transcriptional activation of the IL-2 gene. Inhibition of calcineurin plays a pivotal role in preventing T cell activation (i.e., graft rejection, automimmunity) by preventing dephosphorylation of NF-AT (33,43,54-58).

Calcineurin also mediates effects of CsA and FK506 on post-transcriptional immune events including exocytotic release of histamine from mast cells and of cytokines from cytotoxic T cells (59-62).

Recent evidence suggests that clinical doses of CsA lead to marked decreases calcineurin activity in circulating mononuclear cells in patients (63).

Although rapamycin, a structural analogue of FK506, is a high affinity ligand for FKBP, this immunophilin complex has no effect on calcineurin but inhibits T cell activation by a completely different ( $\text{Ca}^{2+}$  independent) mechanism (51, 64).

**The evidence that calcineurin is the common cellular target for both CsA and FK506 is:**

1. Calcineurin's phosphatase activity in vitro is inhibited by CsA-bound to cyclophilin or FK506 bound to FKBP, but not by rapamycin bound to FKBP (54,55).
2. The Schreiber laboratory identified the immunophilin receptor binding site and the calcineurin binding site on the CsA and FK506 molecules. By making minor alterations in the calcineurin binding site, they created a series of structural analogues with progression reduction in their ability to bind to calcineurin. The ability of these analogues to inhibit calcineurin's phosphatase activity in vitro correlated well with their ability to inhibit NF-AT activity in cultured human T cells (56).
3. Over-expression of calcineurin in T cells rendered their NF-AT activity less sensitive to inhibition by CsA or FK506 (57,58).

This work led to the following new concepts:

## CsA and FK506 are **prodrugs**.

*Figure 17.*

When they circulate in the bloodstream, CsA and FK506 are biologically inert until they enter the cell and bind to their respective immunophilin receptors. When unbound, neither CsA nor FK506 have any effect on calcineurin.

## CsA and FK506 are **molecular match makers**.

*Figure 18.*

They bring together two molecules -- in this case, the immunophilins and calcineurin -- which normally do not interact.

## GLOSSARY

**Chaperone**                      prevents undesirable associations

**Schatchen**                      promotes desirable associations

(Yiddish word for  
marriage broker)

*Figure 19. Adapted from (65,66)*

CsA and FK506 act by forming a new molecular surface, composed of parts of the immunophilins and part of themselves. This new surface is selectively sticky for calcineurin. NMR studies show that when bound to cyclophilin CsA is literally turned inside out (66). The hydrophobic side chains of the ring structure normally are tuned inward. When bound to cyclophilin some of these side chains are turned outward to interact with the immunophilin whereas others are directed away from the immunophilin receptor site to help form a calcineurin binding site.

In summary, there is compelling evidence that calcineurin inhibition mediates CsA- and FK506-induced immunosuppression at the cellular level. A calcineurin-knock out mouse has just been made (67), allowing investigators to determine soon whether these results can be extrapolated to the intact animal.

Lets return to the question of whether the CsA-induced immunosuppression and toxicity share a common molecular mechanism.

### III. Mechanisms of CsA-Induced Hypertension

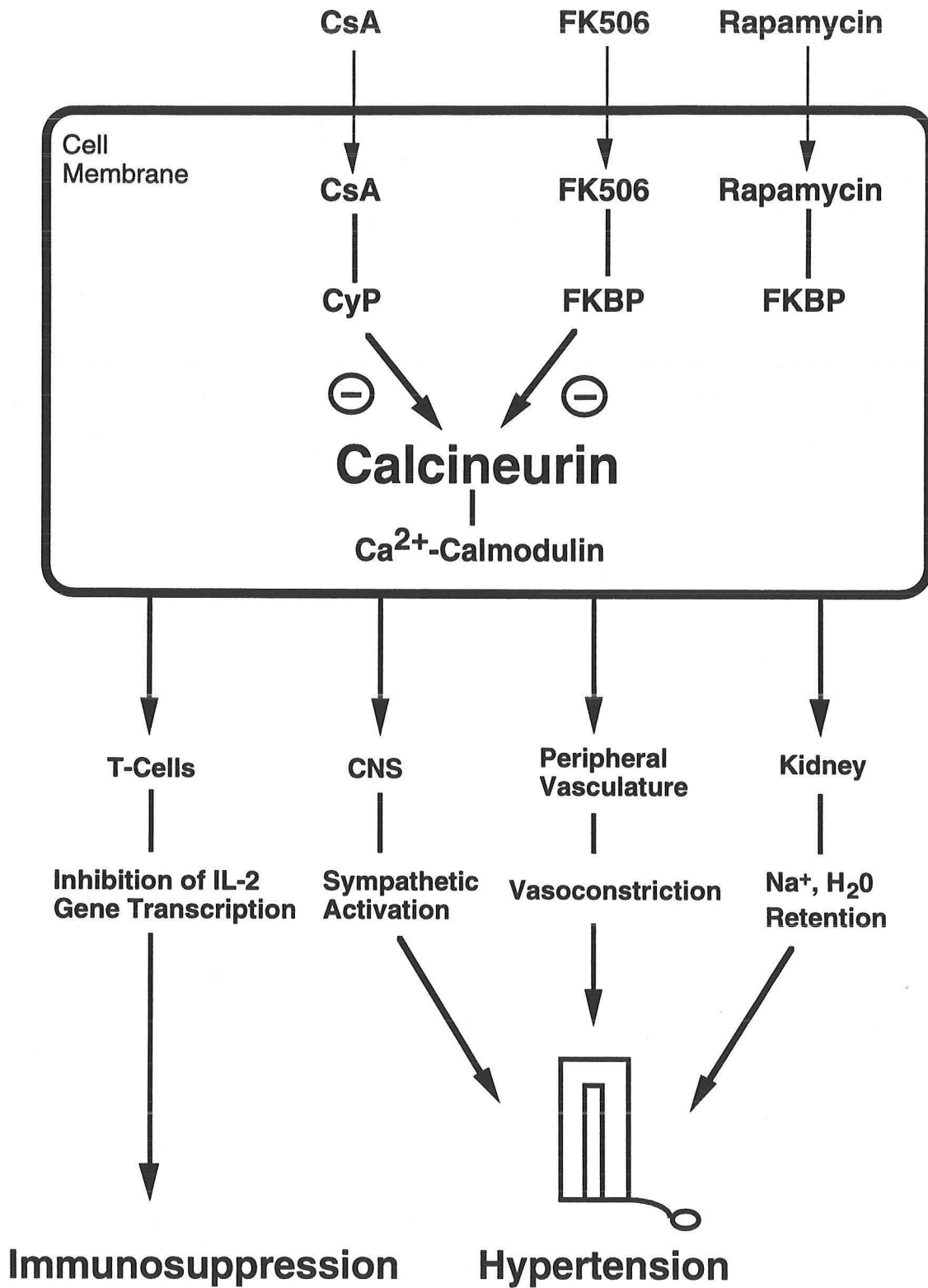


Figure 20. From (35).

Calcineurin and the immunophilins are even more plentiful in non-lymphoid tissues such as the nervous system (53, 68,69), vascular smooth muscle (70), and kidney (71). Because these are the main target sites for CsA-induced toxicity -- especially, hypertension -- a key question is whether inhibition of calcineurin in these different tissues mediates CsA-induced hypertension. If so, one would predict that in both the experimental and clinical settings CsA's toxicity profile would be duplicated by FK506 but not by rapamycin.

There is debate as to the relative contribution of various target tissues in the pathogenesis of CsA-induced hypertension. Renal (72-83), vascular (84-104), and neural (105-112) mechanisms all have been implicated and are not mutually exclusive. For example, CsA-induced hypertension is a low renin / salt-sensitive form of hypertension, due to an expanded plasma volume. In addition, CsA appears to augment the vascular reactivity of blood vessels either by impairing vasodilator mechanisms (e.g., nitric oxide) or enhancing vasoconstrictor mechanisms (e.g., endothelin). This review will focus only on the neural mechanisms, which is an ongoing project in my laboratory. We have the opportunity to take this project from the clinical setting to the experimental animal laboratory, to the cell and molecular level.

As suggested by the name, calcineurin was first discovered in the brain where it accounts for > 1% of total protein (53). Despite this abundance, until very recently almost nothing was known about its neuronal function. In 1992, Solomon Snyder's laboratory at Johns Hopkins demonstrated the colocalization of calcineurin with extraordinarily high concentrations of immunophilins in rat brain and brainstem (69), which plays a key role in the sympathetic neural control of blood pressure. This led us to hypothesize that inhibition of calcineurin by CsA leads to an increase in the activity of sympathetic neurons which contributes to hypertension (111). This was a reasonable hypothesis, since CsA clearly crosses the blood brain barrier (19-23).

## A. Clinical Investigation

Using intraneural microelectrodes to record sympathetic nerve discharge targeted to the skeletal muscle circulation. Scherrer et al. (107) provided evidence of sympathetic overactivity in patients with CsA-induced hypertension.

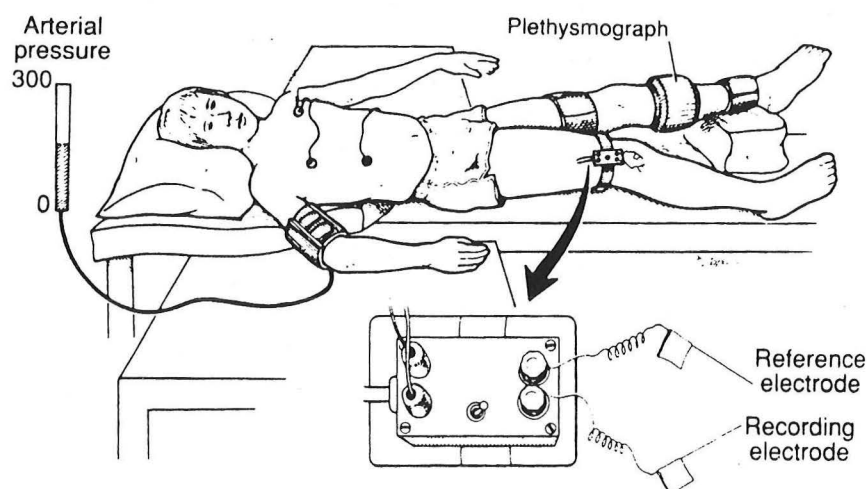


Figure 21.



We measured arterial pressure and sympathetic nerve activity in 5 heart transplant recipients treated with azathioprine and prednisone alone and in 16 heart transplant recipients treated with azathioprine and prednisone plus CsA.

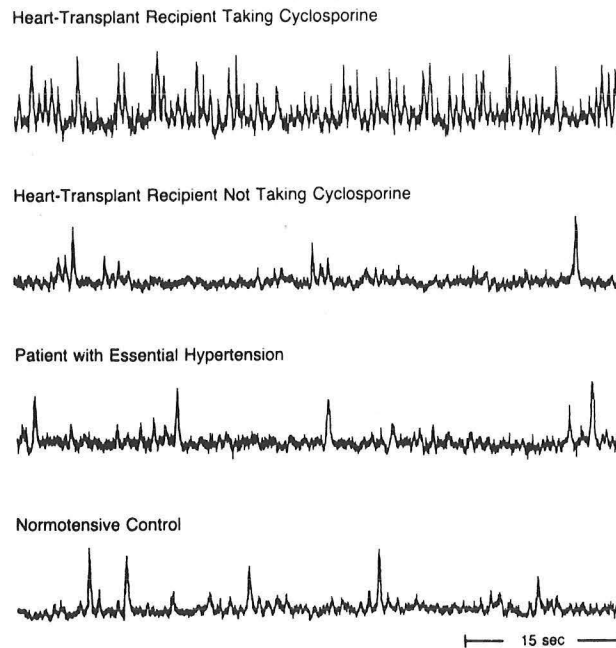


Figure 22. (From 107).

The higher blood pressures in the CsA group were accompanied by higher sympathetic nerve activity.

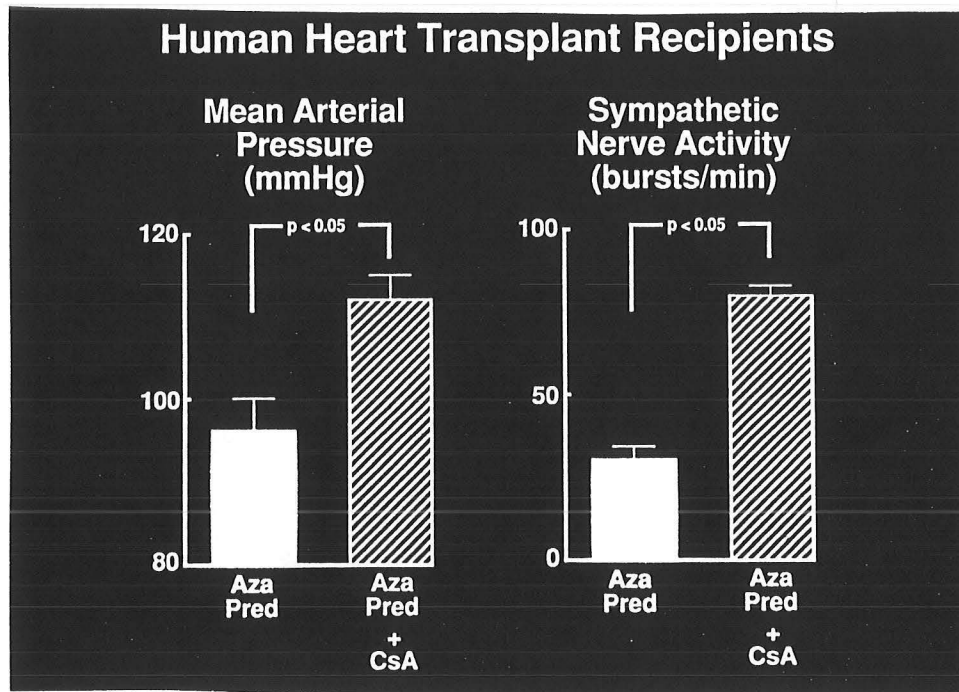


Figure 23. Adapted from (107).

We (113) and others (114-116) have confirmed the finding of sympathetic overactivity in heart transplant recipients, although this has not been a universal finding (100,116), and we have extended our findings to patients receiving CsA for autoimmune disease (107).

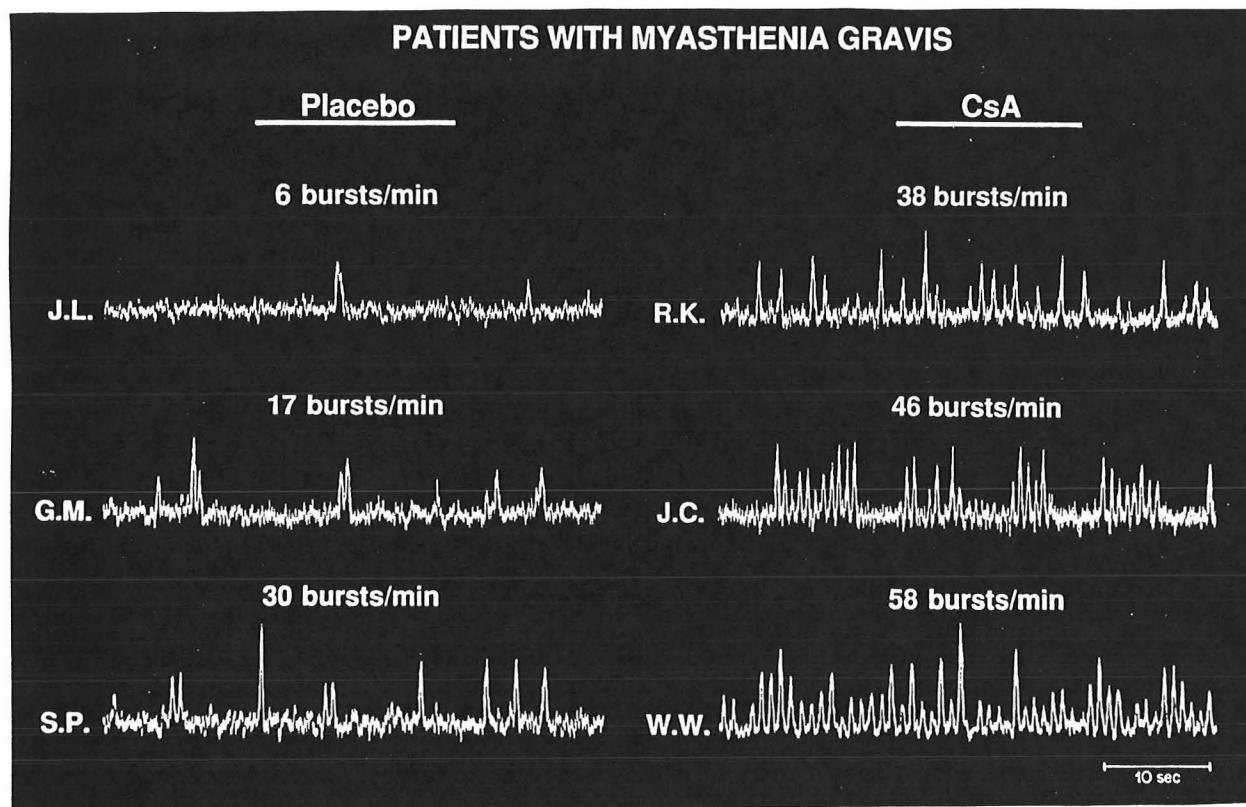


Figure 24. Adapted from (107).

In a double-blind randomized cross-over trial of CsA vs. placebo, we found that CsA-treatment also was accompanied by sympathetic overactivity in patients with myasthenia gravis (107).

It has been more difficult to establish sympathetic overactivity in CsA-treated patients using measurements of norepinephrine spillover, which are influenced not only by sympathetic nerve traffic but also by plasma clearance and presynaptic modulation. One study found increased norepinephrine spillover in CsA treated patients (117) whereas others have not (100, 104).

Because of the difficulty in controlling a number of potentially confounding variables in clinical studies (e.g., antihypertensive medications, recent transplant surgery), we soon will begin to record sympathetic traffic during i.v. CsA (and eventually i.v. FK506 and rapamycin) in normal human subjects.

In the meantime, we have made those comparisons in rodent models.

## B. Animal Investigation

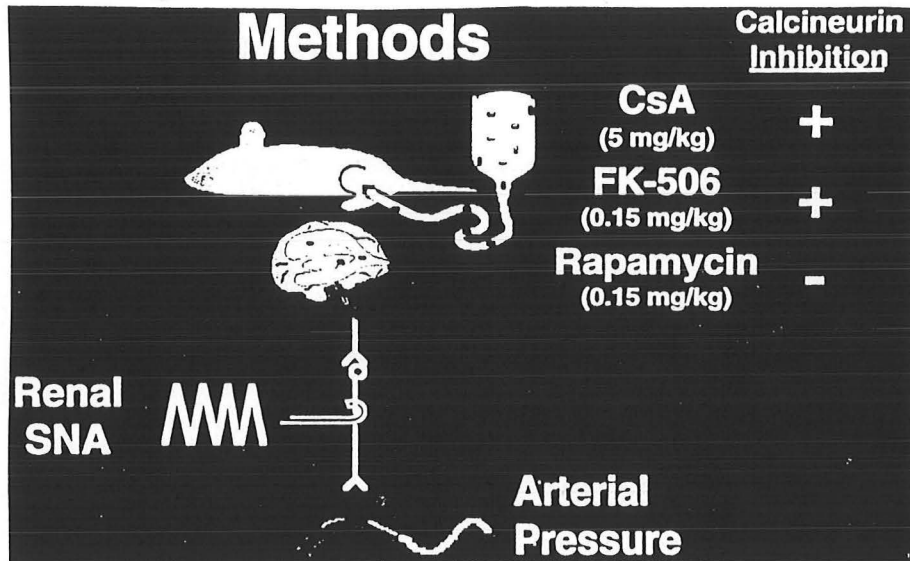


Figure 25.

In anesthetized rats, we recorded renal sympathetic nerve activity and arterial pressure during i.v. CsA, FK506, or rapamycin (35, 108,111,112).

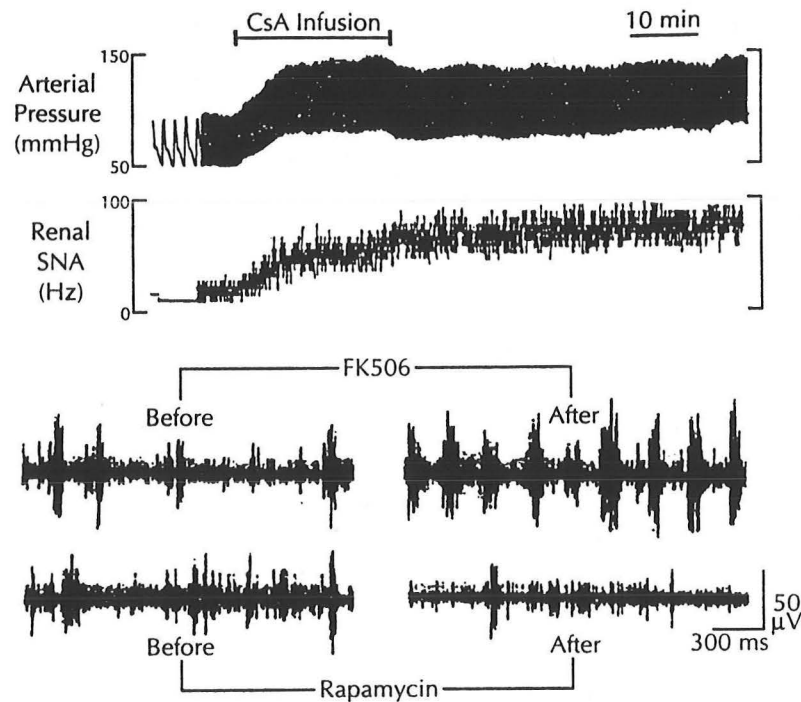


Figure 26. Adapted from (35,108,111).

So, in rats, renal SNA and blood pressure are increased by FK506 as well as CsA but not by rapamycin, suggesting calcineurin mediation. The increase in blood pressure is sympathetically-mediated because it is eliminated by chemical or surgical sympathectomy (108,109). To further pursue the calcineurin hypothesis, we performed the following structure - function studies in collaboration with the Schreiber laboratory

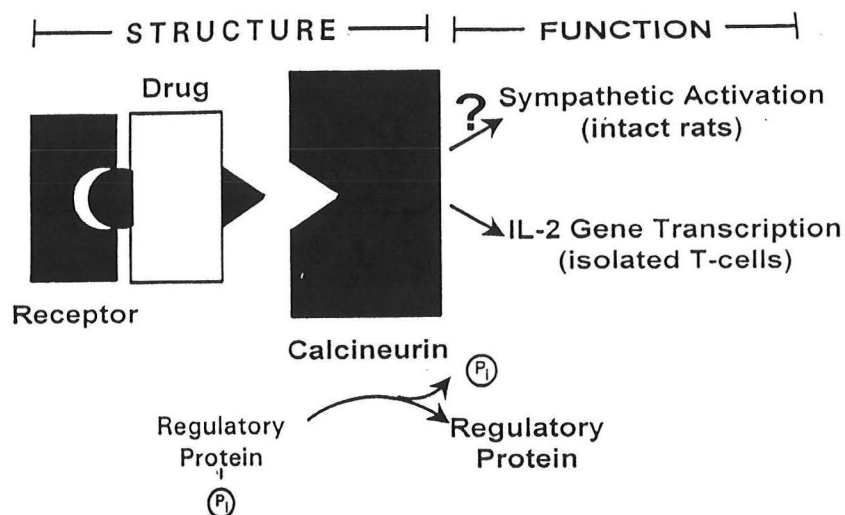


Figure 27.

The immunosuppressant drugs CsA and FK506 have an immunophilin receptor binding site and a distinctly different calcineurin binding site. By making minor structural alterations in only the calcineurin binding site, the Schreiber laboratory produced a series of drug analogues with progressive reductions in the ability of the parent molecules to bind to and inhibit calcineurin (56).

When injected i.v. in our rats, these analogues produced attenuated increases in renal SNA and blood pressure in such a way that closely paralleled their attenuated ability to inhibit calcineurin-mediated signalling in isolated human T cells (111).

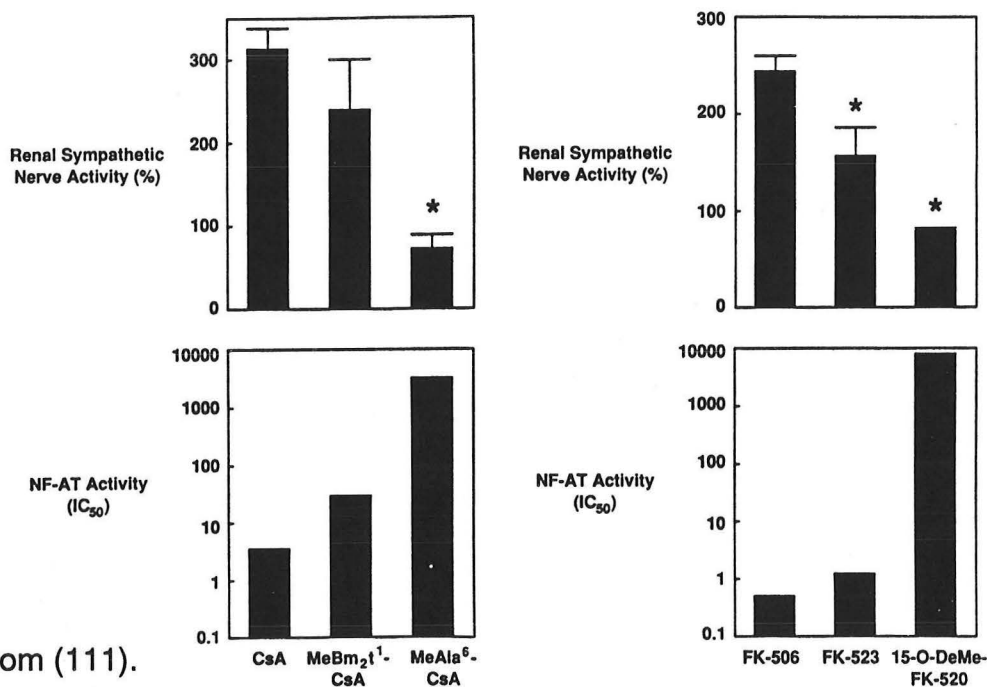


Figure 28 From (111).

A similar correlation has been established between calcineurin inhibition and nephrotoxicity in rodent models (82,83). The strength of these correlation's in intact animals indicated that this project was ready for pursuit at the cell and molecular level.

### C. Cellular and Molecular Investigation

We recently have begun to use patch clamp techniques (118) (for which Neher and Sackmann won the Nobel Prize in 1990) to probe calcineurin's role in electrical signalling between neurons.

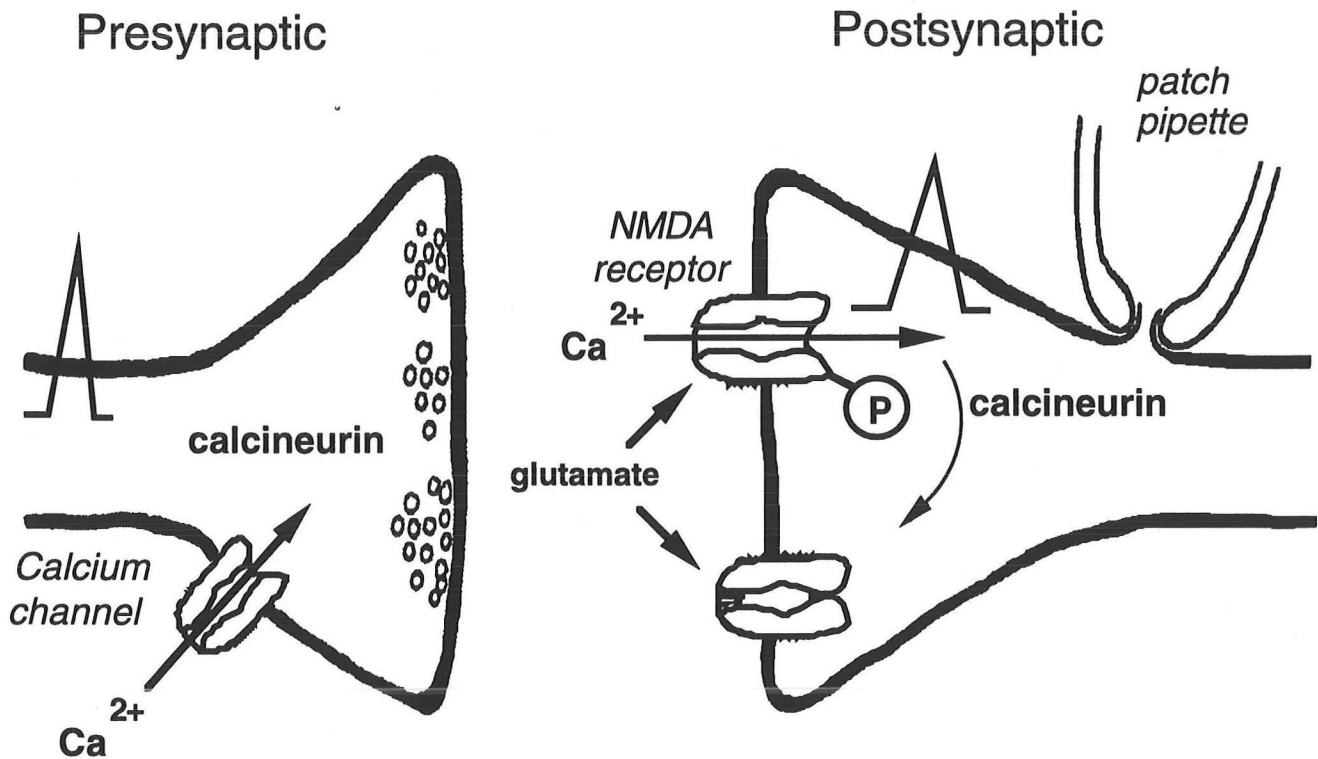


Figure 29.

Glutamate is the primary excitatory neurotransmitter in the brain and it plays a major role in sympathetic neurotransmission at the level of the spinal cord, brainstem, and higher brain centers (119-124). When an action potential invades a presynaptic nerve terminal, neurosecretory vesicles containing glutamate are released into the synaptic cleft. Glutamate activates a postsynaptic receptor (termed *NMDA* because it also can be activated by a synthetic compound N-methyl-D-aspartate), an ion channel which controls the influx of  $\text{Ca}^{2+}$  into the postsynaptic neuron. The resultant  $\text{Ca}^{2+}$  triggered intracellular action potential can be recorded with a patch pipette electrode.

It has been hypothesized recently that calcineurin modulates this complex process of glutamatergic neurotransmission via both pre- and post-synaptic sites of action.

For example, calcineurin has been shown to cause the dephosphorylation of postsynaptic glutamate receptors in excised membrane patches (125) and it has been shown to dephosphorylate certain presynaptic vesicle proteins in vitro (126,127).

We tested these hypotheses using cultured rat cortical neurons, a reductionist model of glutamatergic neurotransmission. We recorded spontaneous glutamate-driven action potentials from the neurons and found that the action potential firing rate is increased by CsA or FK506 but not rapamycin, indicating calcineurin mediation (128).

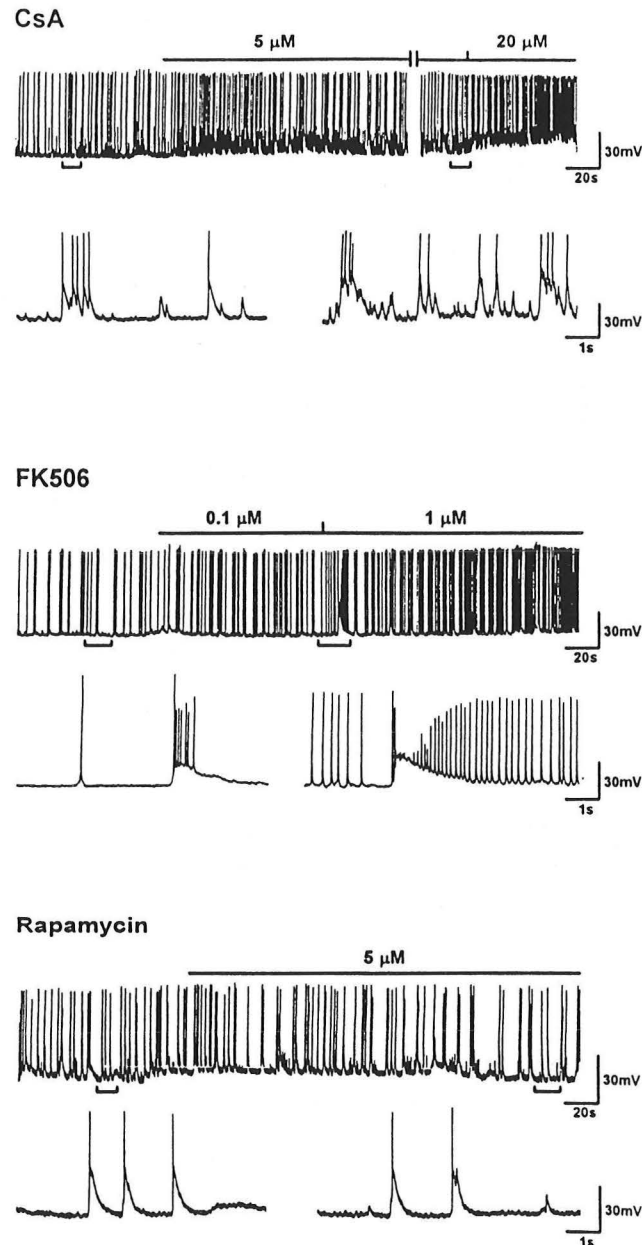


Figure 30. From (128).

We went on to show that in this cell culture model calcineurin modulates glutamatergic neurotransmission via a presynaptic site of action: it appears to increase the frequency of glutamate release from presynaptic nerve terminals.



Calcineurin could regulate any one of multiple steps involved in the release of glutamate beginning with entry of calcium into the presynaptic nerve terminal and ending with exocytotic release of neurosecretory vesicles.

Our working hypothesis is that calcineurin is a key component of a negative feedback mechanism which prevents excessive release of neurotransmitter.

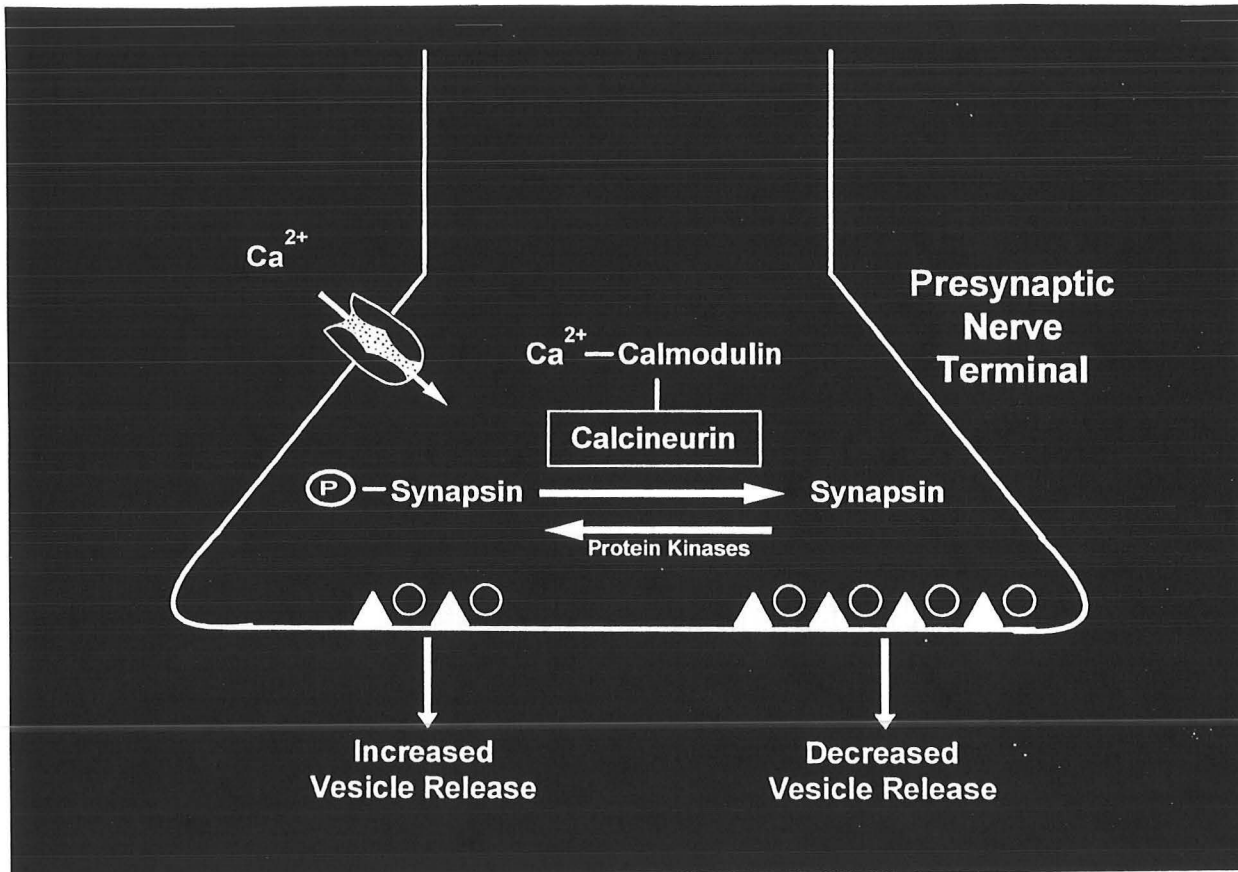


Figure 31.

We hypothesize that, during depolarization, entry of  $\text{Ca}^{2+}$  into the presynaptic neuron activates calcineurin which then dephosphorylates a family of vesicle-associated proteins termed **synapsins**, which are known calcineurin substrates in vitro. There is evidence to suggest that dephospho-synapsin exerts an inhibitory effect on vesicle release. We hypothesize that CsA and FK506 block this dephosphorylation, thereby removing an inhibitory influence on vesicle release (129).

Dr. Thomas Rosahl in Dr. Tom Sudof 's laboratory here at UT Southwestern produced a knock-out mouse lacking the synapsin I gene (130). They also have produced knock out mice lacking synapsin II and double knock-out mice lacking both synapsin I and II (131). These transgenic mice provide a unique opportunity to test out hypothesis not only in cell culture but also in the intact organism. To accomplish the latter, we have miniaturized our techniques to record blood pressure and sympathetic nerve activity in mice weighing 30 grams.

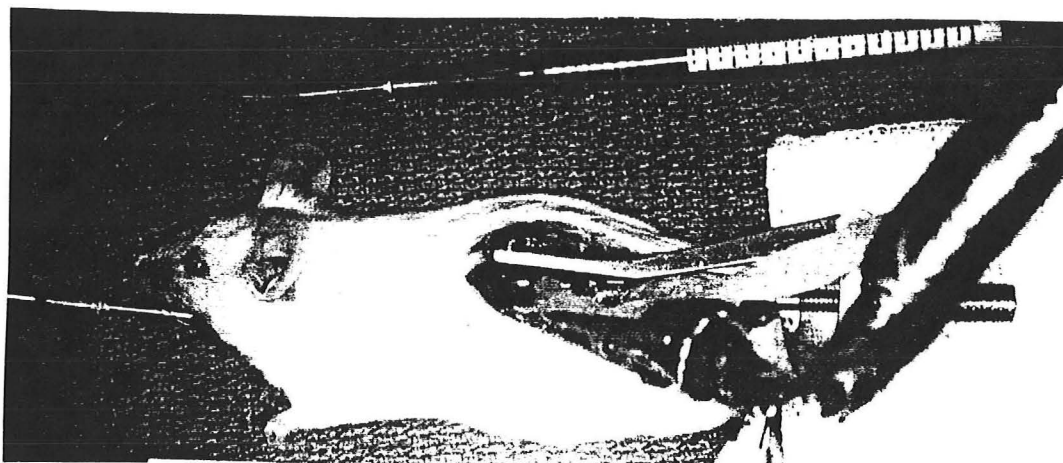


Figure 32. (Actual size).

In the wild -type mouse, i.v. CsA causes large increases in blood pressure, heart rate, and sympathetic nerve activity similar to those previously observed in rats.

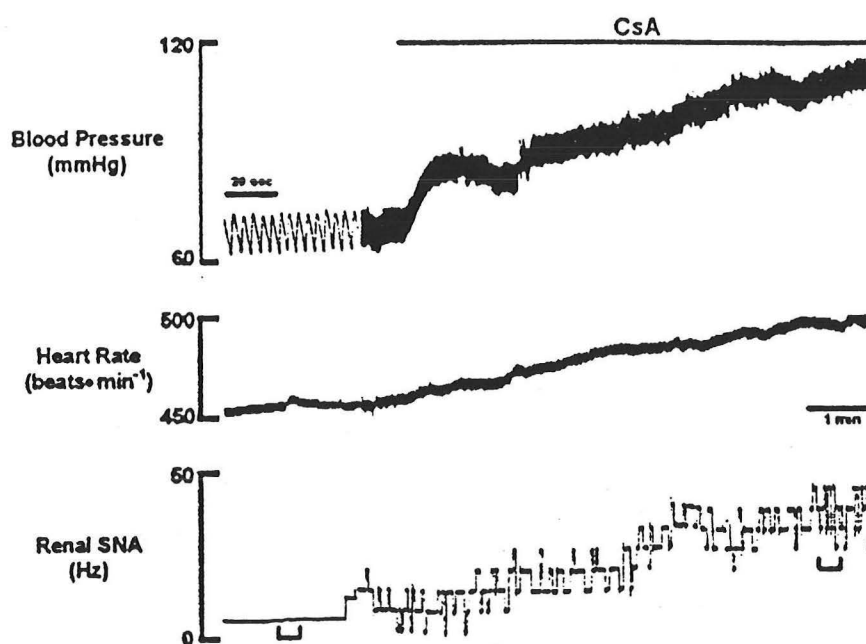


Figure 34.

A key unanswered question is whether the synapsin deficient genotype will produce a phenotype which is resistant to these effects of CsA.

Another key question is whether these experimental studies suggest new approaches to the management of CsA-induced hypertension in patients.

## IV. Management and Prevention of CsA-Induced Hypertension

Calcium channel blockers seem to have become the initial drug of choice for the treatment of CsA-induced hypertension, despite a paucity of controlled studies (35,132,133). If indeed there is an important sympathetic neural component to CsA-induced hypertension, sympatholytic agents would be a rationale choice but no firm recommendations can be made in the absence of large randomized trials.

However, the ultimate goal is to eliminate CsA-induced hypertension by replacing CsA with a better agent with equal or greater immunosuppressive efficacy without the toxicity (34). FK506, which was approved for clinical use in 1994, was touted at first as having greater immunosuppressive potency than CsA with much less toxicity (34,134-136). However, these initial studies were not randomized and involved rather small numbers of patients. In the past year, several studies including two large multicenter controlled randomized clinical trials (137,138) have demonstrated convincingly that FK506 causes as much hypertension as does CsA and even more nephrotoxicity and central neural toxicity, at least in liver transplant recipients.

In the U.S. Multicenter FK506 Liver Study Group (137) of 478 adult and 51 pediatric patients, the incidence of hypertension was 47% with FK506 vs. 56% with CsA. The main reasons for withdrawal from the latter study were nephrotoxicity and neurotoxicity, which were more frequent with FK506 than with CsA.

### Multicenter FK506 Liver Study Group : Reasons for Withdrawal from the Study

	<b>FK506</b> <b>(N = 263)</b>	<b>CsA</b> <b>(N = 266)</b>
	no. of patients	
Reason for Withdrawal		
Total withdrawn	83	102
Adverse event	37	13
Nephrotoxicity	14	5
Neurotoxicity	12	4
Lack of efficacy	6	32

Figure 35. Adapted from (137).

Multicenter FK506 Liver Study Group :  
**Incidence of Adverse Events**

	<b>FK506</b> <b>(N = 263)</b>	<b>CsA</b> <b>(N = 266)</b>
	% of patients	
<b>Adverse Event</b>		
<b>Hypertension</b>	<b>47</b>	<b>56</b>
Headache	64	60
Tremor	56	46
Paresthesia	40	30
Hyperkalemia	45*	26
Diarrhea	72*	47

\*  $P < 0.05$  vs. CsA. *Figure 36. Adapted from (137).*

Similarly, in the European FK506 Multicenter Liver Study Group Trial (138) of 545 liver transplant recipients, the incidence of hypertension at one year was 35% with FK506 vs. 42% with CsA .

The toxicity of rapamycin is as yet unknown as Phase I and II clinical trials are just underway. If the calcineurin hypothesis is correct, rapamycin will not cause hypertension (or renal or neural toxicity) in patients.

Furthermore, because rapamycin and CsA bind to different classes of immunophilins, one would predict immunosuppressive synergy. This would be very important, because it may be possible with combined CsA-rapamycin therapy to decrease the dose of both drugs to maintain immunosuppression while greatly decreasing toxicity, possibly even eliminating hypertension as a side-effect of clinical immunosuppressive therapy (139). In contrast, rapamycin cannot be combined with FK506, which would compete for the same immunophilin.

Is rapamycin the "billion dollar molecule?" The cellular target of rapamycin (i.e., rapamycin's "calcineurin") recently has been identified. It is termed the FK.BP-Rapamycin Associated Protein (*FRAP*) (64). FRAP is a member of a newly discovered family of kinases which transfer phosphate groups not to a protein but rather to phosphatidylinositol, which is a phospholipid. Members of this new class of phosphatases normally participate in the cell cycle and their dysfunction has been implicated (but as yet unproven) in leading to medical disorders ranging from Alzheimer's Disease to cancer (140). FRAP is most abundant in the testis, raising the possibility that rapamycin could be a male contraceptive.

## FK - Rapamycin Binding Protein ( *FRAP* )

- cellular target of rapamycin / FKBP complex
- a phosphatidylinositol kinase
- essential role in cell cycle
- consequences of its inhibition ??

Figure 37.

So, in the clinical setting the long-term toxicity of rapamycin, which works by inhibiting FRAP, needs to be determined.

## V. Novel Indications for Immunophilin Ligands

The elucidation of CsA and FK506 sensitive signalling pathways provides a conceptual framework for suggesting revolutionary approaches to the treatment of important medical disorders other than immunosuppressive drug toxicity.

### A. FK506 as a Treatment for Parkinson's Disease?

One of the best natural substrates for calcineurin is a dopamine receptor related protein (termed *DARPP* ) found in the substantia nigra (126).

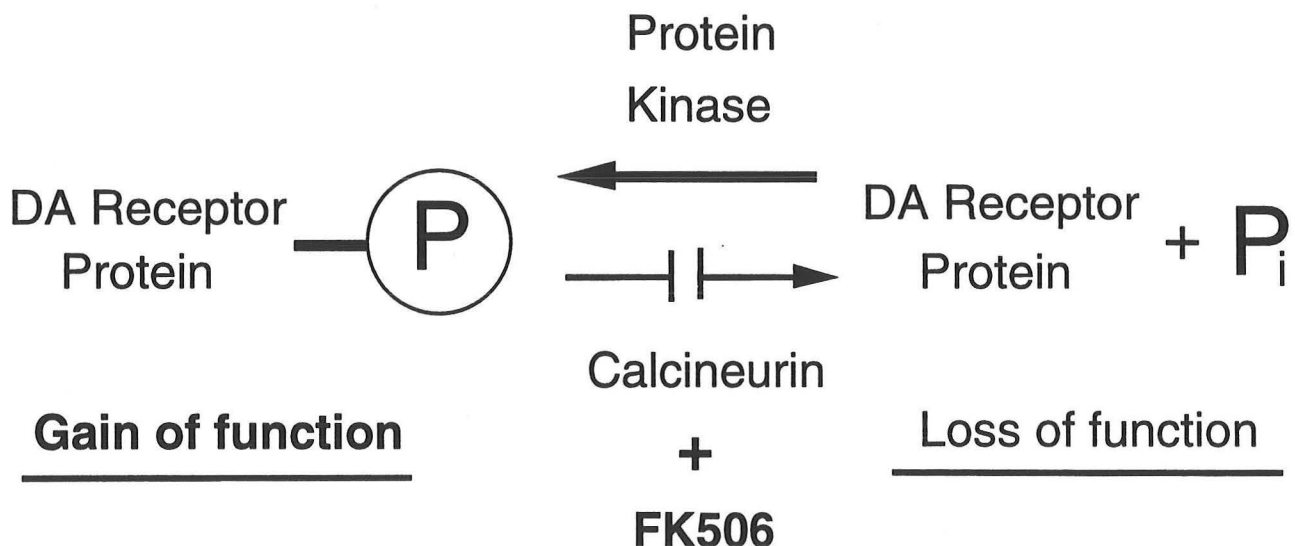
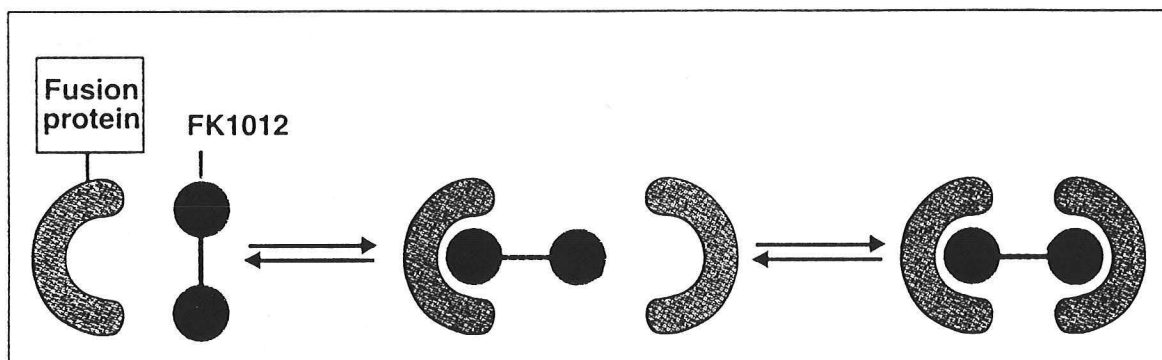


Figure 38.

When phosphorylated, DARPP increases the sensitivity of postsynaptic dopamine receptors. When DARPP is dephosphorylated by calcineurin, dopamine receptor sensitivity decreases. Thus, inhibition of calcineurin by FK506 theoretically would shift this reaction in favor of the phosphorylated form, thereby increasing dopaminergic neurotransmission which is the desired therapeutic goal. Because the enzymatic efficiency of calcineurin is much greater in dephosphorylating DARPP than NF-AT and other substrates in T cells, it may be possible to enhance dopaminergic neurotransmission in patients using low doses of FK506 which do not cause immune suppression (141). This hypothesis should be tested, since the current treatments of Parkinson's Disease are far from ideal.

## B. Synthetic Immunophilin Ligands As Gene Therapy Switches?

Building on the concept of CsA and FK506 as molecular match makers, the Schreiber and Crabtree laboratories recently have embarked on a series of experiments demonstrating that they can exploit the "schatchen" function of FK506 to gain control of signal transduction (142,143). The idea is that dimerization of certain intracellular molecules can result in a huge gain in their function. Specifically, they dimerized the FK506 molecule to create a two-headed "FK1012" molecule. The dimerization (a) removes the calcineurin binding site so FK1012 does not cause immune suppression and (b) exposes 2 FKBP binding sites, 1 on either side.



**A marriage made in cells.** The two-headed FK1012 molecule brings two fusion proteins together by binding to their immunophilin domains.

*Figure 39 . From (142).*

They then spliced DNA to make a "fusion protein", which is the essential part of the T cell receptor attached to FKBP. The 2-headed FK1012 molecule brings 2 fusion proteins together by binding their immunophilin domains.



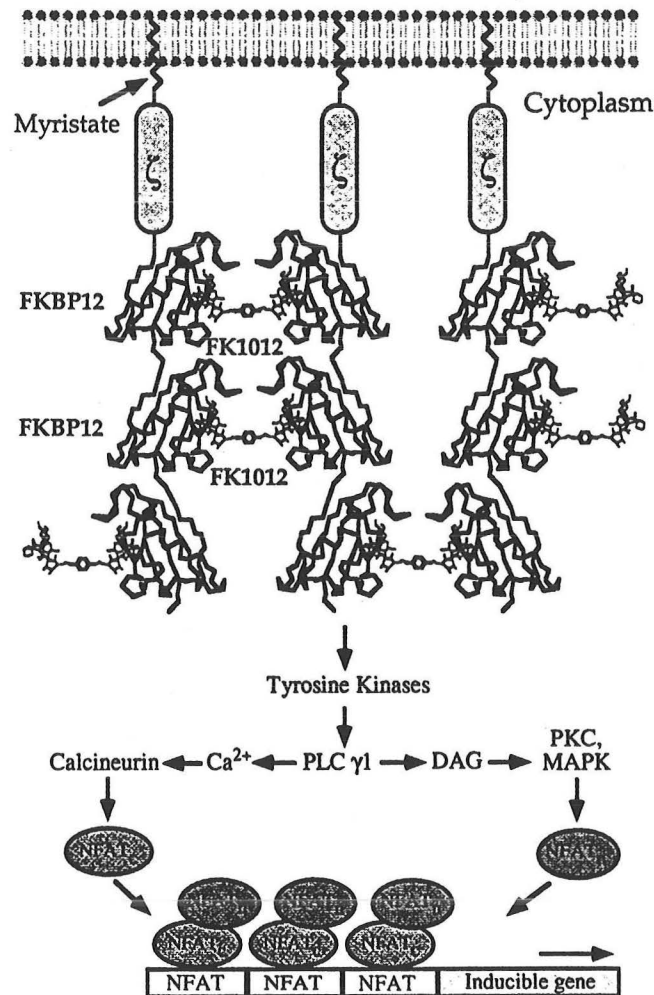


Figure 40 From (143).

A myristal group was then hooked to the fusion protein so that, when T cells were transfected with it, the fusion protein would become anchored to the inner surface of the cell membrane. The transfection had absolutely no effect on cell function until the T cells were exposed to FK1012, which crosses the cell membrane and dimerized the fusion proteins. Such dimerization mimicked the normal effect of antigen presentation: it induced IL-2 gene transcription. This dramatic effect was blocked by native FK506.

This research may have profound implications for human gene therapy. It may be possible in the future for patients to turn on their body's synthesis of a needed protein simply by taking a pill. For example, rather than a Type I diabetic patient injecting insulin, it may be possible to turn on modified insulin genes by swallowing a drug such as FK1012. In addition, this strategy may be useful in turning off undesirable genes, such as oncogenes and those leading to amyloidosis.

### C. CsA as a Treatment for AIDS?

Like the immunosuppressant drugs CsA, FK506, and rapamycin, human immunodeficiency virus (HIV) interferes with T cell activation. Could there be a common mechanism?

HIV consists of a viral capsid which encompasses the RNA genome. Once inside the host cell, the capsid formation of the progeny viruses is initiated by the assembly of a protein termed *Gag*. (144). The precursor polypeptide, termed *Pr55gag*, is sufficient for the formation and release from host cells of virion particles (144).

*Pr55gag* turns out to be a high affinity ligand for cyclophilin, which is highly expressed in HIV (144,145).

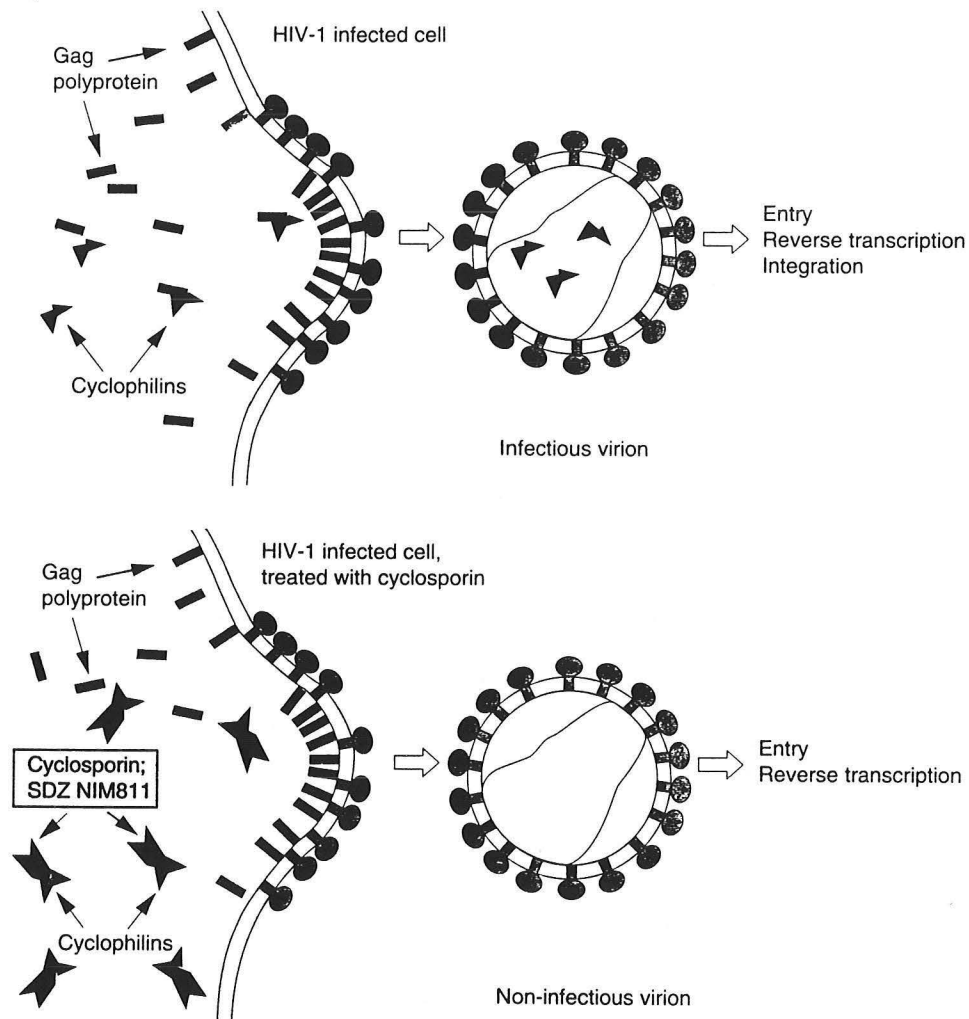


Figure 41. From (144).

Indeed, *Pr55gag* is similar to CsA in its affinity to bind cyclophilin. Unlike the CsA / cyclophilin complex, however, the *Pr55gag* / cyclophilin complex has no effect on calcineurin (142). In contrast, the isomerase activity of the cyclophilin unfolds the *Gag* protein, a key step in the assembly of infectious virions. This interaction between

cyclophilin and Gag is blocked by CsA or a non-immunosuppressive ligand, SDZ NIM811. In the CsA-treated virion, the encorporation of cyclophilin (which normally is substantial) is blocked, rendering the virion much less infectious than normal.

In addition to inhibiting HIV replication in vitro (146), CsA may even inhibit HIV replication in organ transplant recipients who are inadvertently infected with HIV at the time of transplantation (147) .

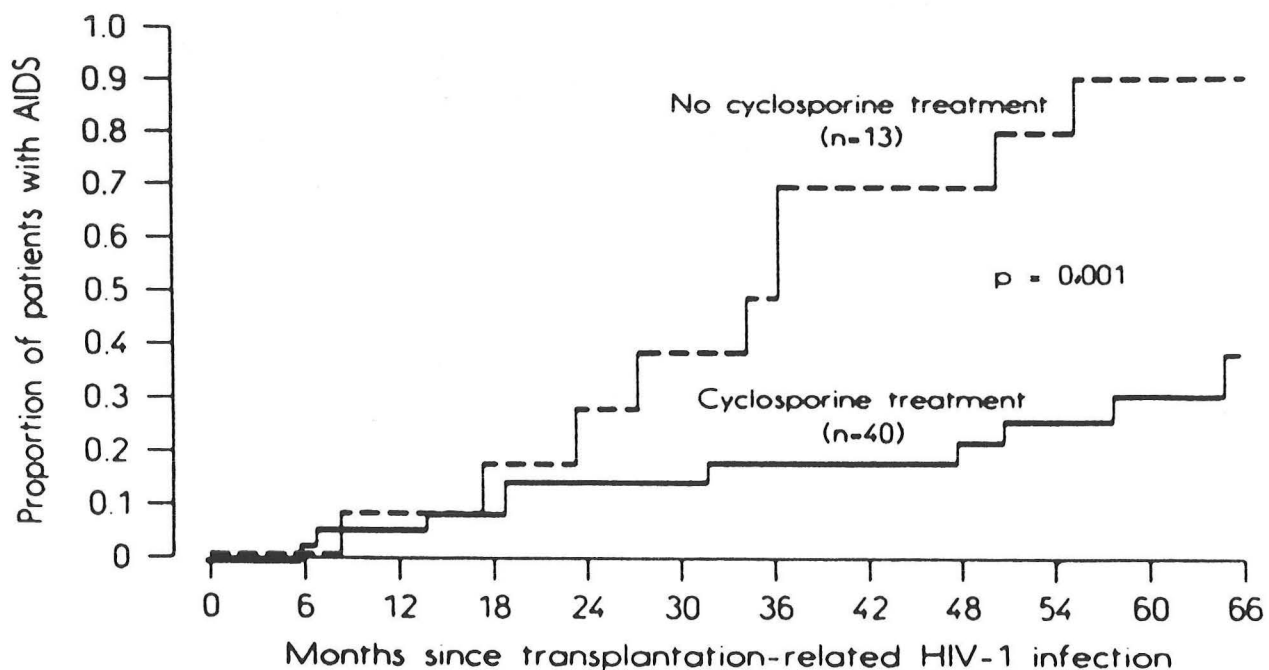


Figure 42. From (147).

In a review of 53 such cases, the 5-year cumulative incidence of AIDS was significantly lower in 40 transplant recipients treated with azathioprine and prednisone plus CsA than 13 transplant recipients treated with azathioprine and prednisone but not CsA: 31 vs. 90% ( $P < 0.001$ ). The delayed onset of AIDS in the CsA-treated patients previously has been assumed to an indirect effect of CsA decreasing the reservoir of T cells that could possibly be infected. However, the new basic research raises the alternative possibility that CsA inhibits HIV replication directly.

## VI. Conclusions

In closing, I have attempted to synthesize a large amount of data which leads to a new conceptual framework for understanding the pathophysiologic basis of CsA-induced hypertension. This research has raised more questions than it has answered and the search for the perfect immunosuppressant drug continues. However, the recent scientific progress in this field is an excellent example of how clinical observations can foster basic research and the power of basic research to impact medical practice. The elucidation of CsA-sensitive signalling pathways holds exciting promise for improving the treatment of a variety of disease processes far beyond immunosuppressant drug toxicity.

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