

# SOUTHWESTERN NEWS

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## **Patients sought for low-back pain, contact lenses, and depression clinical trials**

DALLAS – July 20, 2004 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies on low-back pain, contact lenses and yoga for depression. All clinical trials are approved by UT Southwestern's Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

### **Low-back pain**

People who have first-time, acute low-back pain (less than 10 weeks) are needed to participate in an early-intervention treatment study at UT Southwestern Medical Center at Dallas. Treatments may include medical monitoring, physical therapy, behavioral medicine and case management. Financial compensation will be provided to participants. For more information, please call 214-648-0701.

### **Contact lenses**

Individuals who are successful contact lens wearers or want to begin wearing them are needed for an ophthalmology study at UT Southwestern Medical Center at Dallas. Participants must not use contact lenses for at least a month before beginning the contact lens phase of the study. Selected patients will be required to wear soft contact lenses being studied as extended wear for 13 months. To qualify, you must be 18 to 38 years old. Those selected will receive financial compensation and contact lenses during the duration of the trial. For further information, call 214-648-4734.

### **Yoga for depression**

Researchers at UT Southwestern Medical Center at Dallas are investigating whether yoga can help fight against the symptoms of depression. Individuals who suffer from depression despite taking an antidepressant (Prozac, Paxil, Celexa, Lexapro, Zoloft, Effexor, Remeron or Wellbutrin) for at least four weeks are eligible to participate. You must be 18 to 75 years old. Those selected will receive medical evaluations and free yoga classes for their participation. For more information, call 214-648-0165.

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For information about other clinical trials at UT Southwestern Medical Center at Dallas, visit <http://www.utsouthwestern.edu/home/research/clinicaltrials/index.html>