

# News

The University of Texas Health Science Center at Dallas  
5323 Harry Hines Boulevard Dallas, Texas 75235 (214)688-3404

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CONTACT: Tommy Joy Bosler  
Office: 214/688-3404  
Home: 214/327-1773

\*\*\*Dr. Louis Tobian to speak on "Dietary Strategies for Blood Pressure Control" January 9 as part of Distinguished Lecturers on Nutrition Series

DALLAS--"Dietary Strategies for Blood Pressure Control" is the subject of the first in a Distinguished Lecturers on Nutrition Series sponsored by the Center for Human Nutrition at The University of Texas Health Science Center at Dallas.

Dr. Louis Tobian, professor of medicine at the University of Minnesota School of Medicine, will speak Jan. 9, 1986, at 6 p.m. in the Stemmons Lecture Hall (DI.700) on the UTHSCD campus. The series, free and open to the public, will present current scientific thinking about nutrition to both health professionals and laymen in the Dallas/Fort Worth Metroplex.

According to many medical researchers, including Tobian, mildly elevated blood pressure can often be controlled by dietary measures alone, and all hypertensive patients can benefit to some degree by following certain strategies in their diets. A primary strategy is controlling the amount of salt in the diet, but Tobian will cover others as well.

Tobian is a Dallas native who received his medical degree from the Harvard Medical School in 1944. After completing a research fellowship in medicine at U.T. Southwestern Medical School in Dallas, Tobian was a research fellow in biochemistry at Harvard Medical School. During his years at Harvard, he became an established investigator for the American Heart Association. In 1954 Tobian went to the University of Minnesota School of Medicine as an assistant professor. In 1964 he was named full professor.

Tobian's research has been in the fields of hypertension, renal circulation and sodium excretion. His expertise lead him to be appointed chairman of the task force on hypertension for the National Heart and Lung Institute in 1972-73 and chairman of the committee on hypertension and renal vascular disease of the Kidney Research Survey Group for the National Institutes of Health in 1974-75.

The Distinguished Lecturers on Nutrition Series will invite two other outstanding professors to Dallas during the spring of 1986. The series is being offered as a public service by the Center for Human Nutrition, which has a triple goal of research, nutrition education within the medical school and fostering nutrition education within the community.

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