

# SOUTHWESTERN NEWS

Media Contact: Stephen O'Brien  
214-648-3404  
[stephen.obrien@utsouthwestern.edu](mailto:stephen.obrien@utsouthwestern.edu)

## PATIENTS WANTED FOR CLINICAL TRIALS AT UT SOUTHWESTERN

DALLAS – July 29, 2003 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies on Parkinson's disease, type 2 diabetes and the use of short-term estrogen patches. Any compensation will be based on the specific requirements of each study. All clinical trials are approved by UT Southwestern's Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

### **Parkinson's**

People diagnosed with Parkinson's disease are being sought by UT Southwestern researchers for a multi-center study designed to determine the impact of two investigational drugs on the progression of the disease. Participants, who must be at least 30 years of age, will be monitored for 18 months to test the drugs' effectiveness. Patients must have had their Parkinson's diagnosed within the past five years, show two signs of the disease (resting tremors, bradykinesia or rigidity) and must not currently be taking any medications for their condition. For more information, call 214-648-3329.

### **Type 2 diabetes**

UT Southwestern researchers need volunteers 35 years of age or older with type 2 diabetes. Participants must be on treatment with diet or oral medications only and not be on insulin. The study involves a single, fasting blood sample and a 24-hour urine collection. Financial compensation will be provided to volunteers who complete the study. If interested, call 214-648-6494.

### **Estrogen patch**

Physicians are seeking post-menopausal women for a UT Southwestern study to determine the effects of using a short-term estrogen patch. There will be tests for blood and urine chemistries and volunteers must not suffer from bowel, kidney or heart disease, nor have a history of breast or ovarian cancer. Those participating will receive financial compensation at the end of the study. Call 214-648-6494 for more information.

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For information about other clinical trials at UT Southwestern Medical Center at Dallas,  
visit <http://www3.utsouthwestern.edu/patient/clinicaltrial.htm>