

SOUTHWESTERN NEWS

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PATIENTS WANTED FOR CLINICAL TRIALS AT UT SOUTHWESTERN

DALLAS – Aug. 24, 2001 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies. Following are three of the trials being conducted. Participants will be compensated according to the specifics of each study. All trials are approved by the Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

OSTEOPOROSIS

UT Southwestern researchers are seeking premenopausal healthy female smokers as volunteers for a study looking at the link between smoking and osteoporosis. Study participants will receive nicotine patches for smoking cessation. The research will involve inpatient blood/urine analyses. For more information, call 214-648-6354.

ANTIOXIDANTS

Healthy nonsmokers who are not currently taking any antioxidants, vitamins or supplements are needed. Participants in the UT Southwestern study must be willing to take lycopene supplements with whole milk and be willing to be on a lycopene-restricted diet, which would include avoiding foods containing lycopene like tomatoes, tomato products, watermelon, pink grapefruit, papaya and pink guava. Persons who qualify and complete the study will be paid \$100. For more information, call 214-648-8459.

ESTROGEN

Postmenopausal women with mild hypertension are needed for a six-month study at UT Southwestern to evaluate the effects of estrogen therapy on blood pressure when the estrogen is administered via a skin patch. Study participants must have no other medical problems such as heart disease, diabetes or asthma. Participants who complete the study will be compensated. For more information, call 214-648-2968.

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THE UNIVERSITY OF TEXAS SOUTHWESTERN MEDICAL CENTER AT DALLAS

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