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NEWS

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****Sleep symposium brings national experts to Dallas April 23.

DALLAS--A symposium on "Sleep Disorders" for physicians and other health professionals will be held at the Ramada Inn Central in Dallas April 23, sponsored by Presbyterian Hospital of Dallas and by the Department of Psychiatry at The University of Texas Health Science Center at Dallas.

Faculty for the symposium, held in conjunction with the opening of a Sleep/Wake Disorders Center at Presbyterian, includes internationally recognized sleep experts.

Dr. William Dement, director of the Sleep Disorders Clinic and Research Center at Stanford University School of Medicine, has been involved in sleep research almost since it began in the early 1950s. Dement was the first one to realize that "rapid eye movement sleep" (REMS), the sleep stage during which the eyes move under closed lids and internal brain stimulation and dreaming take place, was a qualitatively different state of the central nervous system than non-REM sleep and that it had different functions.

Dement will present "Introduction to Sleep Disorders Medicine" and a workshop on narcolepsy.

Dr. Elliot D. Weitzman, director of the Sleep/Wake Disorders Center at Montefiore Hospital and Medical Center in New York City, will present sessions on the sleep/wake cycle, the disorders arising out of a lack of synchrony between individual and environmental rhythms and the methods of resetting the "internal clock."

The use of the sleep laboratory in the diagnosis and treatment of impotence will be presented by Dr. Ismet Karacan, director of the Sleep Disorders Center at Baylor College of Medicine at Houston, who has pioneered the development of laboratory techniques to distinguish psychogenic from organic impotency.

Other topics and speakers will be:

"Disorders of Initiating and Maintaining Sleep (The Insomnias)," Dr. Howard Roffwarg, director, Sleep/Wake Disorders Center, Presbyterian Hospital of Dallas, and professor of Psychiatry, The University of Texas Health Science Center at Dallas.

"Disorders of Excessive Somnolence (The Hypersomnias)," Dr. Christian Guilleminault, associate director, Sleep Disorders Clinic and Research Center, Stanford University School of Medicine.

"Function and Organization of the Sleep Disorders Center," Dr. Milton Erman, medical director, Sleep/Wake Disorders Center, Presbyterian Hospital of Dallas, and assistant professor of Psychiatry, The University of Texas Health Science Center at Dallas.

"Pharmacologic Treatment of Sleep Disorders," Dr. Thomas Roth, director, Sleep Disorders Center, Henry Ford Hospital, and clinical professor of Psychiatry, University of Michigan School of Medicine.

(over)

"Disorders Induced or Exacerbated by Sleep," by Dr. William C. Orr, director, Sleep Disorders Center, Presbyterian Hospital of Oklahoma City, and adjunct associate professor of Psychiatry and Behavioral Sciences, University of Oklahoma School of Medicine.

Roffwarg and Erman are program directors for the symposium. The symposium will be followed by a reception at Presbyterian Hospital of Dallas with a tour of the projected facilities for the Sleep/Wake Disorders Center. The Presbyterian Center will officially open within the next two months.

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