

# SOUTHWESTERN NEWS

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## **Patients sought for osteoporosis, shortness of breath and Alzheimer's studies**

DALLAS – July 20, 2005 – Researchers at UT Southwestern Medical Center are seeking patients to participate in medical studies on bone density measurement for a study on osteoporosis, obesity as it relates to shortness of breath and those with mild to moderate Alzheimer's disease. All clinical trials are approved by UT Southwestern's Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

### **Osteoporosis**

Women who are 55 years and older may be eligible to participate in a 54-month study at UT Southwestern Medical Center for the treatment of osteoporosis. This 11-visit study will compare the safety and effectiveness of two different medications. Women who have osteoporosis and are not taking estrogen or prescription bone medications may be eligible. All study-related tests and medication are provided at no charge. Women selected will also receive regular medical supervision, periodic X-rays, and bone density tests. For more information, please contact Liz McDonald at 214-648-8666.

### **Obesity and Shortness of Breath**

Researchers are seeking women between the ages of 20 and 45 who are mildly to moderately overweight but otherwise healthy for a study on obesity and shortness of breath. This study needs women who experience unexplained shortness of breath upon exertion, and those who do not. Participants must be non-smokers and not have asthma. The research is being conducted at the Institute for Exercise and Environmental Medicine at Presbyterian Hospital of Dallas in conjunction with UT Southwestern Medical Center. For more information, please call 214-345-6574.

### **Alzheimer's**

UT Southwestern Medical Center researchers are looking for individuals ages 55 to 90 with mild to moderate Alzheimer's who are living at home and have not shown signs of agitation for a two-year, multi-site study of an experimental medication. The medication is being tested for its effectiveness in slowing progression of the disease. Eligible participants will receive medication and study-related treatment at no cost. For more information, call 214-648-9335.

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