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Patients sought for bed rest, wound care and exercise program

DALLAS – Feb. 29, 2008 – Researchers at UT Southwestern Medical Center are seeking individuals to participate in medical studies for bed rest, wound healing and a 12-week exercise program for bariatric surgery patients. All clinical trials are approved by UT Southwestern’s Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

Bed rest study

UT Southwestern Medical Center scientists are conducting research sponsored by NASA on the effects of long-duration space flight on bone density and muscle strength. Qualified participants will be nonsmoking men and women between the ages of 20 and 55. Participants must be willing to undergo five and a half weeks of strict bed rest, as well as testing both prior to and after the rest. Compensation is available. For more information, please contact Diane Bedenkop at 214-345-4654.

Wound healing

Researchers at UT Southwestern Medical Center are studying wound healing and scar reduction. They are looking for participants between the ages of 18 and 50. The study will examine the effect of a new ointment on healing and scars. Compensation is available. Those interested should call Angela Smith at 214-648-2482.

Exercise

Physicians in the Center for Human Nutrition at UT Southwestern Medical Center are looking for participants to enroll in a 12-week exercise program. The program will examine physical fitness and energy expenditure after bariatric surgery. Subjects must have had gastric bypass or gastric banding surgery. Supervised exercise sessions will be provided. For more information, please contact Claudia Quittner at 214-648-9296.

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