

SOUTHWESTERN NEWS

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PATIENTS WANTED FOR CLINICAL TRIALS AT UT SOUTHWESTERN
DALLAS – Nov. 22, 2000 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies. Following are three of the trials being conducted. Participants will be compensated according to the specifics of each study. All trials are approved by the medical center's Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

TMJ STUDY

Volunteers who have had temporomandibular joint dysfunction (TMJ), a disorder that causes pain in the joints on either side of the jaw, for six months or less, are needed for a study by the UT Southwestern psychology division. The study, sponsored by the National Institute of Dental Research, will determine which type of treatment is best at reducing the time sufferers experience symptoms. Treatment is free, and participants will be compensated. For more information, contact Dr. Anna Wright at 214-648-5277.

POST-MENOPAUSAL BONE LOSS

UT Southwestern's Center for Mineral Metabolism and Clinical Research is looking for women between the ages of 45 and 80 to participate in a study comparing the effects of two drugs in preventing post-menopausal bone loss. Each phase of the four-phase study will last two weeks. On the last three days of each phase, subjects will be admitted to the General Clinical Research Center at UT Southwestern and fed a fixed diet to collect 24-hour urine and blood samples and to assess intestinal calcium absorption. A bone mineral density analysis, medical examination and other tests are free. Participants must not be taking estrogen; other bone-saving agents, diuretics or steroids. Participants will receive \$450 when the study is completed. For more information, contact Dr. Khashayar Sakhaee at 214-648-2804.

EXERCISE AND DEPRESSION

The UT Southwestern depression research clinic in conjunction with the Cooper Institute for Aerobics Research is seeking volunteers for a study about the effect of exercise on depression. Men and women between the ages of 20 and 45 who are experiencing mild or moderate depression and have no major health problems are needed. Participants must be able to exercise three to five times per week at the Cooper Institute. For more information, call Dr. Heather O'Neal at 972-341-3235.

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