

NEWS

The University of Texas Health Science Center at Dallas
5323 Harry Hines Boulevard Dallas, Texas 75235 (214)688-3404

December 3, 1981

CONTACT: Susan Rutherford
Office: 214/688-3404
Home: 214/349-7820
or George Sanders
Office: 214/739-1111
Home: 214/369-9834

Seminar to cover care and treatment of lumbar spine problems.

DALLAS--More than 400 physicians, nurses, physical therapists and other professionals will gather at Loews Anatole Dallas December 10-12 for the third annual "Challenge of the Lumbar Spine," a comprehensive seminar dealing with the treatment and care of one of America's most common ailments - lower back pain.

Purpose of the intensive program is to review and explore advanced techniques to provide participants a comprehensive understanding of the effective management of patients with acute and/or chronic back pain.

According to Dr. David K. Selby, director of the seminar and member of the Division of Orthopedic Surgery at the University of Texas Health Science Center here, more than 80% of all Americans suffer from back pain at one time in their lives. Because the causes of back pain range from bad posture to congenital deformities, there still remains a great deal of mystery regarding the proper analysis and treatment, Dr. Selby said.

Faculty for the three day seminar come from all over the world and are internationally noted for their expertise in their particular specialties. Most of the 33 members have been honored by their selection into the International Society for the Study of the Lumbar Spine, a select group of surgeons renowned for their research and surgical accomplishments.

"In my opinion," Dr. Selby said, "this is the finest faculty that has ever been gathered for a single meeting of this type in the United States."

The following major topics will be covered by featured members of the faculty:

Preventive Measures

Dr. Art White, San Francisco, California, one of the originators of the concept of Back School, an educational process designed to help individuals avoid back injuries.

Dr. Vert Mooney, Dallas, Texas, chief orthopedic surgeon at The University of Texas Health Science Center and medical advisor for the Spine Education Center and Spinal Pain Rehabilitation Program, both of Dallas.

Mrs. Nancy Selby, Dallas, Texas, director of Spine Education Center of Dallas.

Surgical Procedures

Dr. Kemp Clark, Dallas, Texas, professor and chairman of the Division of Neurosurgery at The University of Texas Health Science Center and president of the American Association of Neurological Surgeons.

Dr. John O'Brien, Oswestry, England, specialist in the practice of anterior approach to spine surgery (operating on the spine by entering the abdominal region).

Dr. J. Walt Simmons, San Antonio, Texas and Dr. Leon Wiltse, Long Beach, California, recognized for their expertise in chemonucleolysis, the injection of the enzyme chymopapain for the treatment of a herniated disc.

Rehabilitation Programs

Dr. Charles Burton, Minneapolis, Minnesota, to discuss neuroaugmentation, the use of electrical devices at the spine and brain to block the sensation of pain.

Dr. Wilbert Fordyce, Seattle, Washington, one of the originators of the Pain Clinic concept using psychological and behavior modification techniques in the treatment and care of patients with chronic spinal pain.

Research

Dr. Harry Crock, Richmond, Australia, author of Blood Supply of Spine in Man, discussing the possibility of immunology of disc disease.

Dr. Bernie Finneson, Valley Forge, Pennsylvania, author of one of the most famous books on lower back pain, Diagnosis and Management of Pain Syndromes.

Dr. William Kirkaldy-Willis, Saskatchewan, Canada, noted for spinal pathology research and recognized as one of the leading authorities on spinal stenosis.

Directors of Challenge of the Lumbar Spine, Inc. include Drs. Selby of Dallas and J. Walt Simmons of San Antonio. The seminar is sponsored by the Division of Orthopedics, Southwestern Medical School.

#

DISTRIBUTION: AA,AB,AC,AF,AG,AI,AK,SC,SL

Tear Sheets Appreciated