

# SOUTHWESTERN NEWS

Media Contact: Rachel Donihoo  
(214) 648-3404  
or e-mail: rachel.donihoo@email.swmed.edu

## PATIENTS WANTED FOR CLINICAL TRIALS AT UT SOUTHWESTERN

DALLAS – August 28, 1998 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies. Following are three of the trials being conducted. Participants will be compensated according to the specifics of each study.

### DIET RESPONSIVENESS STUDY

Families are needed for a study evaluating cholesterol-lowering diets. Participating families must consist of two parents and two or more biological children over the age of six. Participants will follow two different diets for five weeks each - a diet that temporarily raises cholesterol levels and a diet that lowers them. A registered dietitian will help families integrate specially produced baked goods and spreads into their routine diet. Contact Sharon Simpson at (214) 648-2898.

### CONTACT LENSES

Patients are needed for a year-long study on contact lenses. Participants must be between 18-38 years old, in good health, require a prescription between -1.00D and -6.00D, astigmatism less than 0.75D, and wearing or willing to wear contact lenses. Benefits include a pair of glasses, \$250 and an extra pair of contact lenses. Call Mike Molai or Patrick Ladage at (214) 648-4734.

### ARTHRITIS

Patients with active rheumatoid arthritis who have had the disease between six months and 12 years and who have taken, or are taking, prescription medication for arthritis may be eligible for a double-blind, randomized study testing a 500-year-old Chinese medicinal herb that has been studied extensively at UT Southwestern. For further information call (214) 648-3466.

###

These clinical trials are available on our World Wide Web home page at  
<http://www.swmed.edu/clintrls.htm>

To automatically receive news releases from UT Southwestern via e-mail, send a message to  
UTSWNEWS-REQUEST@listserv.swmed.edu. Leave the subject line blank and in the text box, type SUB UTSWNEWS