

SOUTHWESTERN NEWS

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UT SOUTHWESTERN NUTRITION EXPERT ELECTED TO THE INSTITUTE OF MEDICINE

DALLAS — October 16, 1995 — Scott M. Grundy, M.D., Ph.D., has been elected to the Institute of Medicine — a prestigious body of scientists addressing national health issues.

As director of the Center for Human Nutrition at UT Southwestern Medical Center at Dallas since 1981, Dr. Grundy has earned an international recognition for research on human nutrition and cholesterol metabolism.

The Institute of Medicine is a component of the National Academy of Sciences — but with separate membership — that addresses policy matters pertaining to the health of the public and advises the federal government on problems related to medical care, research and education.

"Dr. Grundy is respected by his peers as an expert in many aspects of medicine and he is recognized nationally as a pioneer in nutrition research," said Dr. Kern Wildenthal, UT Southwestern president. "His election to the IOM is an honor for our entire medical center as well as for Scott personally."

Institute of Medicine inductees are elected by incumbent members on the basis of professional achievement and of demonstrated interest, concern and involvement with problems and critical issues which affect the public's health.

"It is a privilege to be able to represent the Center for Human Nutrition and UT Southwestern in national policy matters, particularly those related to nutrition and public health," said Dr. Grundy.

Grundy is the 10th UT Southwestern faculty member to be elected to the Institute since it was established in 1970. He was elected to the Institute's Food and Nutrition Board in 1994.

He is a professor of internal medicine and biochemistry; director of the Center for Human

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Nutrition at UT Southwestern; chairman of the Department of Clinical Nutrition at UT Southwestern Allied Health Sciences School; and chief of the metabolic unit at Veterans Affairs Medical Center at Dallas. He holds the Distinguished Chair in Human Nutrition.

An honor graduate of Texas Tech University, Grundy received his master's degree and medical degree from Baylor College of Medicine. He earned a doctorate from Rockefeller University.

He has been active on numerous American Heart Association committees and won the association's Award of Merit in 1983. Recently he chaired the National Cholesterol Education Program Expert Panel on Detection, Evaluation and Treatment of High Blood Cholesterol in Adults. Dr. Grundy has published more than 300 scientific papers in the fields of human nutrition and cholesterol metabolism.

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UT Southwestern Institute of Medicine members

1. Scott M. Grundy, M.D., Ph.D. 1995
2. Daniel W. Foster, M.D. 1989
3. Alfred G. Gilman, M.D., Ph.D. 1989
4. Michael S. Brown, M.D. 1987
5. Joseph L. Goldstein, M.D. 1987
6. Paul C. MacDonald, M.D. 1987
7. Charles C. Sprague, M.D. 1979
8. Ronald Estabrook, Ph.D. 1975
9. Donald W. Seldin, M.D. 1974
10. Bryan Williams, M.D. 1970