

Listen

Sometimes you listen to a preacher giving a sermon, and that's good.

Sometimes you listen to a teacher giving a lesson, and that's good.

Sometimes you listen to friends making you laugh, and that's good.

But sometimes, instead, you can listen to the wind between the trees for a sermon.

Sometimes, you can listen to the spaces between the planes, the trains, the cars, and the city, and you laugh at the quiet world in between.

And sometimes, just for a moment, you can listen to yourself — to your heartbeat, to every vessel sending blood away from your heart and back, to every nerve telling your mind where you are, when you are, how you are, why you are here — and that's better.

So take a moment. Listen. What do you hear today?