

# SOUTHWESTERN NEWS

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## PATIENTS WANTED FOR CLINICAL TRIALS AT UT SOUTHWESTERN

DALLAS – Dec. 27, 2002 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies on anxiety, depression and uterine fibroids. Participants will be compensated according to the specific requirements of each study. All trials are approved by the Institutional Review Board, which reviews them for benefits, risks, side effects and informed consent.

### COGNITIVE IMPAIRMENT

UT Southwestern researchers are conducting a clinical trial of lamotrigine to reverse corticosteroid-induced cognitive impairment. Researchers are recruiting people between the ages of 18 and 65 who have been receiving 10 mg or more of prednisone or other oral steroids for at least six months. Participants in the yearlong study will receive either lamotrigine or placebo for six months, have mood and memory evaluations and two MRIs, and receive financial compensation for completing the study. For more information, call 214-645-8130.

### MAJOR DEPRESSIVE DISORDER

UT Southwestern scientists are recruiting children between the ages of 12 and 17 with a diagnosis of major depressive disorder (MDD). The study will compare how effective different treatments are for teenagers with depression. The treatments provided are medication alone, cognitive behavior therapy or a combination of both. All study evaluations, medications and therapy for eligible participants are provided at no cost. For more information, call 214-648-4397.

### UTERINE FIBROIDS

UT Southwestern is conducting a clinical research study of a new medication for women who want a nonsurgical treatment option for uterine fibroids – fibrous tissue occurring in the uterus. Nearly half of all women of childbearing age will develop uterine fibroids. Surgery, which may later interfere with the ability to bear children, is the standard care for serious cases. Medication currently available for the problem may cause severe side effects. For more information, call 214-648-4747.

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For information about other clinical trials at UT Southwestern Medical Center at Dallas, visit <http://www3.utsouthwestern.edu/patient/clntrial.htm>

THE UNIVERSITY OF TEXAS SOUTHWESTERN MEDICAL CENTER AT DALLAS

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