

ETHICS GRAND ROUNDS

**(Supported by The Daniel W. Foster, M.D. Endowment Fund
For Visiting Lectures in Medical Ethics)**

Tuesday, February 12, 2019 – 12:00-1:00 p.m.
South Campus, Eugene McDermott Plaza Lecture Halls, D1.602

MORAL DISTRESS IN HEALTHCARE PROFESSIONALS: WHAT IS IT AND HOW SHOULD WE RESPOND?

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Over the past 20 years, the study of moral distress has garnered great interest among healthcare professionals, philosophers, and researchers due to the ubiquity and dangers of the phenomenon. The intersections of exponential growth of scientific knowledge, the availability of medical information to the public through the internet, the increasing complexity of healthcare delivery through formal and informal teams, and shifting notions of professionalism fuel the sustained relevance of moral distress. This presentation will explore moral distress and advance strategies for dealing with it. Healthcare professional data from a large multi-site study (N=706) will be presented showing the importance of team- and system-level causes of moral distress. Relationships between moral distress levels and key variables such as ethical climate and practice setting will be presented. Discussion of the sources of moral distress will assist participants to target interventions in their settings that can minimize this problem and its negative consequences.

Ethics Grand Rounds videos are available a few days after the lecture at:

<http://repositories.tdl.org/utswmed-ir/handle/2152.5/1292>

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Target Audience: Physicians, faculty, fellows, residents, trainees, students, health care professionals. **Educational Objectives:** At the conclusion of this activity, the participant should be able to: 1) Recognize perennial and emerging bioethical problems in clinical practice, research, public health, and health policy arenas. 2) Describe competing/contrasting viewpoints concerning these bioethical problems. 3) Demonstrate increased skills in analyzing and practically handling bioethical problems in the clinical, research, public health, and health policy arenas. **Educational Method:** Lecture and question-and-answer period. **Accreditation:** The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. **Credit Designation:** The University of Texas Southwestern Medical Center designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The University of Texas Southwestern Medical Center designates this activity for 1 hour(s) in medical ethics and/or professional responsibility. **Conflict of Interest:** All persons in the position to control the content of an education activity are required to disclose all relevant financial relationships in any amount occurring within the past 12 months with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients. A primary mechanism to resolve identified conflicts of interest is a content review that is prior to the activity. **Off-Label Uses:** Because this course is meant to educate physicians with what is currently in use and what may be available in the future, there may be "off-label" use discussed in the presentation. Speakers have been requested to inform the audience when off-label use is discussed.