

SOUTHWESTERN NEWS

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PATIENTS WANTED FOR CLINICAL TRIALS AT UT SOUTHWESTERN

DALLAS – June 16, 2000 – Researchers at UT Southwestern Medical Center at Dallas are seeking patients to participate in medical studies. Following are three of the trials being conducted. Participants will be compensated according to the specifics of each study. All trials are approved by the Institutional Review Board, which evaluates them for benefits, risks, side effects and informed consent.

SLEEP STUDY

Depressed and bipolar men and women between the ages of 18 and 50 are needed for a study on the genetics of sleep, bipolar illness and depression. Volunteers will be required to give a blood sample and spend two consecutive nights in the sleep lab at UT Southwestern. For more information, call 214-648-7355.

FISH OIL

Healthy volunteers are needed for a study of fish oil and vitamin E. Participants should not be taking any medications, not have had an infection in the last six months, not be smokers, and not be taking any antioxidants, vitamins or fish-oil supplements. Female participants cannot be post-menopausal women on estrogen therapy. Upon completion of the study, participants will be paid \$100. For more information, call 214-648-6874.

RECURRENT DEPRESSION

Men and women between the ages of 18 and 70 who are depressed are needed for a National Institutes of Health-funded study of recurrent depression and cognitive therapy. Treatment is free. Symptoms of depression include sad mood; loss of interest in activities; difficulty sleeping or sleeping too much; feeling tired, guilty or worthless; changes in weight or appetite; and difficulty concentrating. Participants must have experienced depression more than once in a lifetime, be drug-free and not be in psychiatric treatment. For more information, call 214-648-5351.

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